

# Linda B. Riddle of The Wise Woman Mentor to be Featured on Close Up Radio

PORTSMOUTH, VA, UNITED STATES,  
October 15, 2024 /EINPresswire.com/ --

It's inevitable that along with happy times, we will experience hardships and suffering throughout the course of our lives. We all know the feeling of being "slightly off" after relationship breakups, the car accident years ago, childhood wounds, or whatever traumatic circumstance we may have experienced. Hoping to numb our pain and stop the hurting, many of us turn to things like drugs, alcohol, overeating, and smoking, habits that eventually cause disease and only add to our misery. What so many of us don't realize is through the remarkable power of energy healing which clears negative blockages and imbalances within our body's energy pathway, we can discover the key to our absolute best health and well-being. By seeking the help of trained professionals, we can heal our symptoms and complaints and finally move towards wholeness body, mind, and soul.



Owner of the healing practice The Wise Woman Mentor, Linda's work unites people with their higher selves and true purpose bringing health, inner strength and remarkable vitality. Linda B. Riddle is a highly sought after Emotion Code™, Body Code™ Belief Code™ Practitioner and a Certified DreamBuilder™ Coach and Life Mastery™ Consultant.

According to Linda, we all have the capability to do our own healing work and that's why receiving energy sessions is absolutely invaluable to achieving our best mind, body, and spirit possible.

Dedicated to helping us heal as quickly and effectively as possible, Linda recognizes that a high

percentage of our illness and diseases are rooted in a disconnect with our subconscious mind. In fact, when we feel sick the only way to heal effectively, she says, is by cleansing and restoring balance to our energy centers. That no matter what we are going through, don't let life pin us down or paralyze us.

The Emotion Code, the Body Code, and the Belief Code, is a transformative approach that gently helps us let go of trauma in a holistic manner. By releasing long-held burdens, Linda helps us find our way to a more enlightened, joyful self, filled with positivity and self-love. Imagine waking up each morning and navigating the day with a sense of calm, more resilient, and feeling less burdened from anxiety and stress

While Linda wholeheartedly encourages us to focus on a healthy diet and lifestyle, exercising more, getting more sleep, and so forth, she emphasizes that only by releasing toxic emotions and other imbalances in the body we can finally be free of all the bottled up grief and inner turmoil that has been blocking us from achieving inner peace, clarity, and a joyful abundant life.

As a life coach, Linda's passion is also focused on working with women to help them break free from self-sabotage, limiting beliefs, unloving behaviors, negative self-talk, and anything else stopping them from fulfilling their greatest potential. Her practice uniquely combines traditional coaching methods with energy healing, creating a powerful synergy that accelerates personal growth and transformation. She addresses the often-unknown energetic blocks that can impede progress. This innovative



THE WISE WOMAN MENTOR



combination has proven highly effective, as many individuals seeking coaching unknowingly carry these invisible barriers that interfere with the successful execution of their dreams.

In Linda's sessions, we are guided to connect with our internal state, so we begin to radiate and love ourselves more fully and unconditionally. Through her energy work, strategies, and guidance, she expertly, compassionately, and with a gentle understanding helps us reframe our limiting and negative thoughts to healthy, positive ones.

Linda's mission is to help us live the most authentic, joyful lives possible connecting to our true selves from a place of pure love.

Known for her warm, kind, and down-to-earth nature she instantly puts her clients at ease. In her, we find profound insight, wisdom, and direction towards the most loving life decisions. It brings her great happiness to accompany us all on that special journey.

Close Up Radio will feature Linda B. Riddle in an interview with Jim Masters on Thursday October 17th at 1pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have any questions for our guest, please call (347) 996-3389.

For more information, visit [www.lindabriddle.com](http://www.lindabriddle.com)

Written By: Beatrice Maria Centeno

Lou Ceparano

Close Up Television & Radio

+1 631-850-3314

[email us here](#)

Visit us on social media:

[Facebook](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/751880084>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.