

OB/GYN's memoir about being the doctor and only woman on an Everest climb in Tibet is garnering literary awards

Dr. Mimi Zieman's book tour includes an appearance at the MJCCA Atlanta Book Festival, Nov. 3rd at 1:00 pm in conversation with media personality Holly Firfer

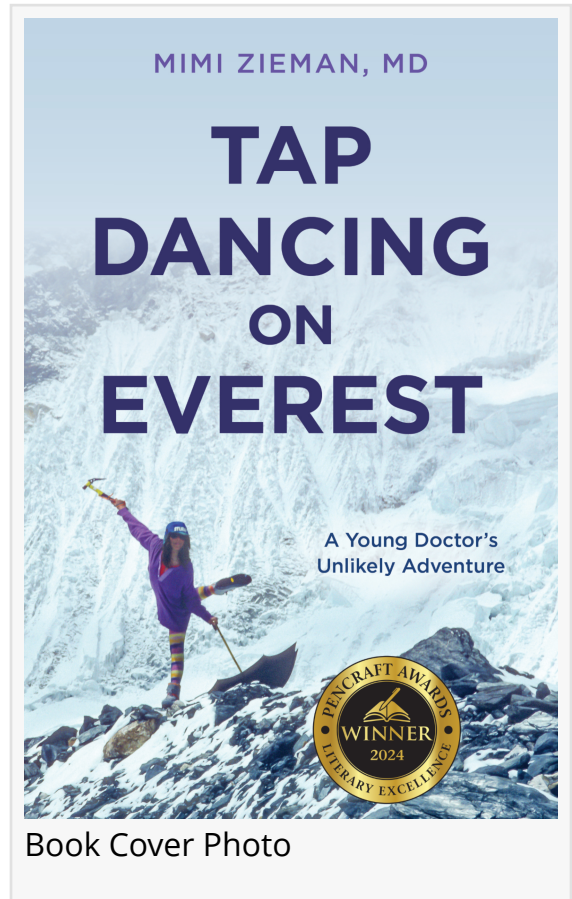
ATLANTA, GA, UNITED STATES, October 29, 2024 /EINPresswire.com/ -- Tap Dancing on Everest, part coming-of-age memoir, part adventure story, is the gripping tale of a young medical student who battles self-doubt to serve as the doctor—and only woman—on a groundbreaking Everest climb in Tibet. There Zieman, the daughter of a Holocaust survivor raised in N.Y.C., fights to find her voice and to save the climbers' lives. Sparkling with suspense and vulnerability, this narrative of self-discovery captures the curiosity and awe of a young woman as she faces down messages to stay small and safe and ventures into the unknown.

"Gorgeous, so full of joy, zest, fun and yet with some profound thoughts. Once started you cannot put it down."— Sir Chris Bonington, author of Everest the Hard Way

"An ideal alchemy of grit and grace. The lessons Zieman learns on the mountain are important lessons for us all. A wild and deeply satisfying journey."— Emily Rapp Black, author of The Still Point of The Turning World

"A riveting, profoundly wise coming-of-age memoir written in stunning, breathtaking detail."— Hippocampus Magazine

Winner, Best Memoir, Winner, Best self-discovery travel story, 2024 The BookFest Awards
Winner, Best Memoir, Spring 2024, Pencraft Awards for Literary Excellence
Winner, Best Non-Fiction Adventure book, 2024 International Readers' Choice Awards
Winner, Best Non-Fiction Book, Spring 2024, Outstanding Creator Awards



Finalist, Best Memoir, International Book Awards, 2024

Dr Zieman will be speaking at the Ann Arbor JCC on 11/13/24, Detroit Jewish Book Fair on 11/14/24, JCC of the Palm Beaches on 3/20/25, Tucson Book Festival 3/15/25, and the JCC of Greater Dayton on 4/6/25. In addition to interviews and general book talks, Zieman is available for talks to specific audiences such as medical, outdoors, women's empowerment, Jewish, college programs, writing workshops, and conferences. Contact the publisher, Falcon, for bulk purchases: Max Phelps, mphelps@nbnbooks.com

About the Author

Mimi Zieman MD is a physician, writer, mother of three grown children, and women's health advocate with a new memoir, *Tap Dancing on Everest*, about the risks we take to become our truest selves. Her play, *The Post-Roe Monologues* has been performed in multiple cities and her medical guide, *Managing Contraception*, is in its 17th edition. Her writing has appeared in [USA Today](#), [Newsweek](#), [Salon](#), [The Sun Magazine](#), [Ms. Magazine](#), [The Forward](#), [NBC News THINK](#), and other publications. Prior OB/GYN roles include Director of Family Planning Emory University School of Medicine, Chief Medical Officer Planned Parenthood Southeast, and advisor on CDC committees writing guidelines for U.S. contraceptive care.

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Riveting...the writing is exceptional. A beautiful wrenching story about the trials we endure and the rewards we reap"

*Independent Book Reviews
Starred Review, Must-Read
Book of 2024*

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