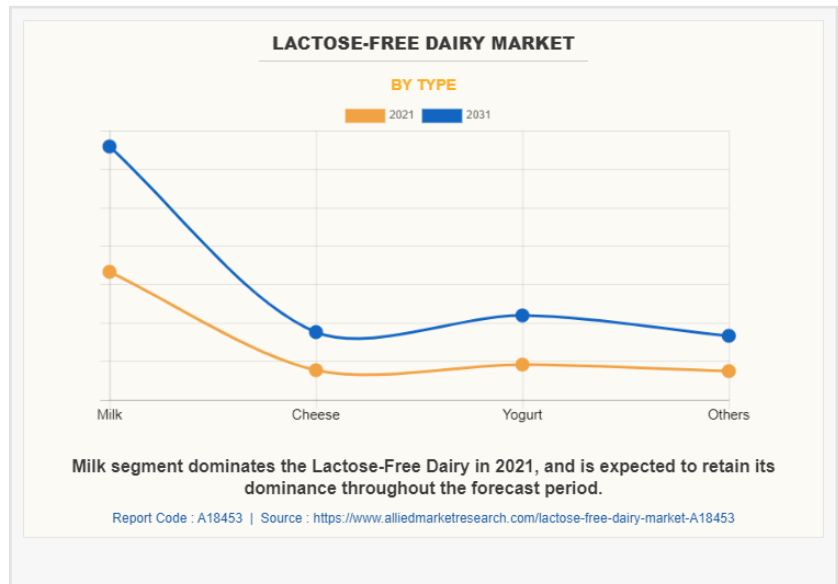


# Lactose Free Dairy Market Future Business Scope Analysis Report, Growth Analysis, And CAGR Of Forecast

WILMINGTON, DE, UNITED STATES, October 31, 2024 /EINPresswire.com/ -- The [global lactose-free dairy market size](#) was valued at \$11.45 billion in 2021, and is estimated to reach \$24.36 billion by 2031, growing at a CAGR of 8% from 2022 to 2031.

The overall understanding of the consumer of health and fitness has grown significantly throughout the years. They have become aware of the consequences of lactose intolerance. To stay fit and healthy, customers are migrating toward dairy products that include lactase, which is beneficial to lactose-intolerant people and improves product quality overall.



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Lactose-free milk is a lactose-free commercial milk product. Lactose is a kind of sugar present in milk that causes indigestion in individuals who are lactose intolerant. Lactose-free dairy products are created by blending lactase with ordinary cow's milk. Lactase is a naturally occurring enzyme in the small intestine that is responsible for breaking down lactose into glucose and galactose. The monosaccharides are easily absorbed in the small intestine and prevent lactose intolerance symptoms from occurring. Lactose-free dairy can give the important elements found in traditional dairy products, such as calcium and vitamins, to persons who cannot digest lactose.

The global lactose-free dairy market is witnessing significant growth, owing to the development of the global processed food industry, increase in consumption of lactose-free dairy and other dairy products by an aging population, and growth in urbanization. In addition, the rise in prevalence of diabetes, obesity, and other health issues; the rise in need for energy with weight management; surge in consumer preference toward sugar-free, lactose-free, and gluten-free flour are some of the major factors anticipated to drive the demand for lactose-free dairy.

However, lack of awareness, regarding the benefits of lactose-free dairy products, especially in developing economies; and its high cost compared to other conventional dairy products is anticipated to hamper the lactose-free dairy market growth.

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Gluten-free meals have gained popularity around the world, owing to an increase in gluten allergies and celiac disease, a sickness that causes inflammation in the small intestines and high gluten sensitivity. According to the clinical practice journal of the American Gastroenterological Association, the global prevalence of the celiac disease is 1.4%, with celiac prevalence values of 0.4% in South America, 0.5% in Africa & North America, 0.6% in Asia, and 0.8% in Europe & Oceania. Moreover, other health claims associated with gluten-free products, such as cholesterol management and digestion control, have fueled the curiosity of consumers, resulting in increased sales. A lactose-free dairy product is an effective food solution that is gluten-free and helps to avoid damage to the gut lining, which leads to celiac disease.

The players operating in the global lactose-free dairy industry have adopted various developmental strategies to increase their lactose-free dairy market share, lactose-free dairy market size increase profitability, and remain competitive in the market. The key players profiled in this report include Arla Foods amba, Danone S.A., General Mills, Inc., Gujrat Cooperative Milk Marketing Federation (AMUL), Johnson & Johnson Services, Inc., Lifeway Foods, Inc., Nestle S.A., Organic Valley, Saputo, Inc., and Smithfoods, Inc. Some of the additional companies in the lactose-free dairy business are Agri Mark, Inc., Fonterra Group, Lala U.S., The Kraft Heinz Group, Prairie Farms Dairy, The Coca-Cola Company, and others.

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