

DiabetesSisters Celebrates National Diabetes Month with Programs Highlighting Innovation, Empowerment, & Women's Health

Empowering Women with Diabetes: DiabetesSisters Unveils Free Educational Webinars, Peer Support, and Expert Talks for National Diabetes Month.



Your Journey. Your Community.

DiabetesSisters Logo

RALEIGH, NC, UNITED STATES,
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-- [DiabetesSisters](#), a national organization dedicated to supporting women with diabetes, is proud to announce a robust series of programs in honor of National Diabetes Month. These [November events](#) are designed to advance diabetes education, highlight innovations in women's

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*Michele Polz, acting CEO of
DiabetesSisters*

health, and foster connections among women managing diabetes. With the support of sponsors, DiabetesSisters provides free educational webinars, value-based peer support sessions, and community-building opportunities that empower women and celebrate the progress in diabetes care.

Featured Programs for National Diabetes Month 2024:

-Understanding and Preventing Diabetic Ketoacidosis

(DKA): Essential
Knowledge for Managing Diabetes
Speaker: Dr. Victoria Bouhairie
Date: November 12, 2024
Sponsor: Lexicon

-Lifestyle Series – How to Thrive with Diabetes: Overcoming Challenges with Confidence

Speaker: Candyce Norris Jenkins
Date: World Diabetes Day, November 14, 2024

-Expert Series – From Vision to Reality: Advancing Women's Health with

FDA-Cleared Lab Testing Using
Menstrual Blood

Speaker: Dr. Sara Naseri

Date: November 19, 2024

Sponsor: Qvin

-Lifestyle Series – Effective Self-
Advocacy: Strategies for Women
Navigating Life with Diabetes

Speakers: Erin Callahan and Amanda
Kaufman

Date: November 21, 2024

All webinars are at noon EST and
recorded for on-demand viewing.
[Register today](#) to attend these events.

Additional November Events

-DiabetesSisters Meetups – Value-
based peer support sessions for connecting and sharing resources with this month's theme
designed to share and learn
practical tips for thriving during the holidays without compromising one's diabetes
management.

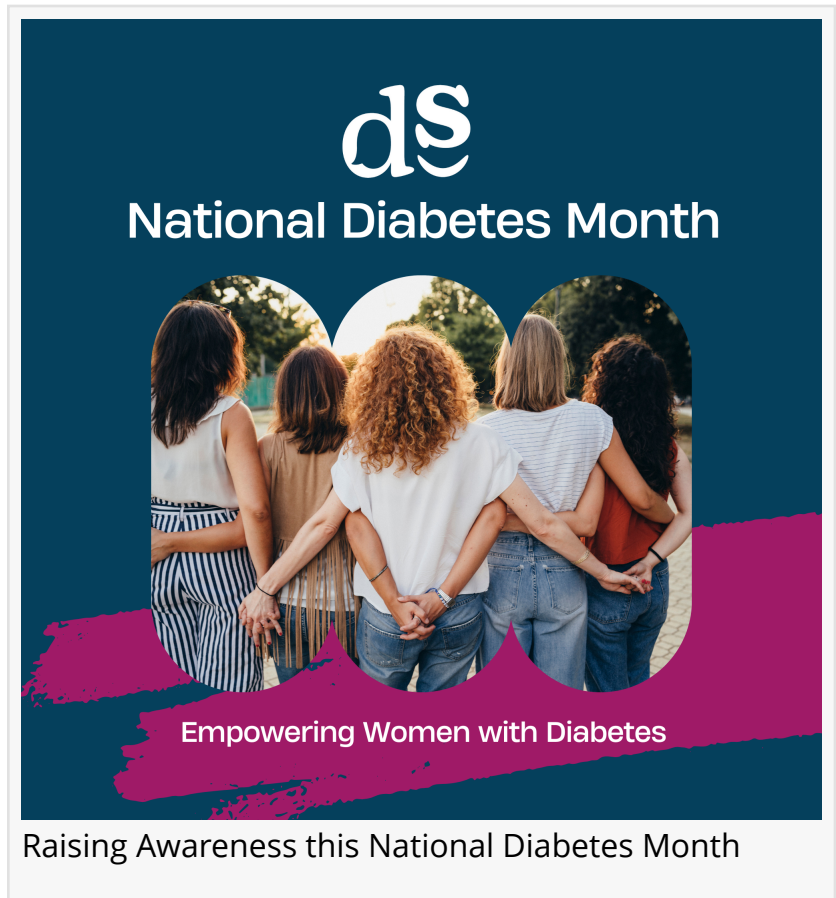
“National Diabetes Month is a time to recognize the unique experiences and resilience of women with and at risk of diabetes,” said Michele Polz, acting CEO of DiabetesSisters. “We're thrilled to offer a diverse array of programs that bring together expert insights, practical tools, and powerful personal stories to empower our community.”

These programs and resources are free and open to all, offering opportunities for women to deepen their knowledge, engage with experts, and build supportive networks. For more details and to register, please visit www.diabetessisters.org.

About DiabetesSisters

Founded in 2008, DiabetesSisters is a national nonprofit organization committed to empowering women with diabetes through education, support, and advocacy. By addressing the unique needs of women, DiabetesSisters aims to improve health outcomes and enhance quality of life for all women living with diabetes.

For more information about DiabetesSisters and our National Diabetes Month programming,



The graphic is a vertical rectangular poster with a dark teal background. At the top center is the DiabetesSisters logo, which consists of the lowercase letters 'ds' in a white, stylized font. Below the logo, the text 'National Diabetes Month' is written in a white, sans-serif font. In the center of the poster is a circular photograph of five women standing with their backs to the camera, their arms around each other's shoulders. They are outdoors, and the background of the photo shows trees and a bright sky. Below the photo, the text 'Empowering Women with Diabetes' is written in a white, sans-serif font. At the bottom of the poster, the text 'Raising Awareness this National Diabetes Month' is written in a white, sans-serif font. The entire graphic is framed by a white border.

please visit www.diabetessisters.org.

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