

Petroleum Engineering Consultant Scot Buell to be Featured on Close Up Radio

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-- Scot Buell, revered for his comprehensive expertise as a petroleum engineering consultant and a passionate advocate for sustainable practices and active living, is proud to announce a unique expansion of his services that blends end-of-life planning, athletics, and engineering consultation. Drawing from his professional journey in petroleum engineering and his personal experiences as a marathoner and environmental steward, Buell is dedicated to promoting a vision of longevity, quality of life, and sustainability.



Empowering Families through End-of-Life Planning

Buell emphasizes responsibility and independence for future generations and sees end-of-life planning as a cornerstone for a successful and fulfilled life. He is committed to breaking the cycle that places undue burdens on children caring for aging parents. Buell's philosophy is that providing a debt-free education and helping family members achieve major life goals, such as owning their first car or house, should set them up for success without the expectation of reciprocation or care taking. "The last thing I want to be is a drag on my children's lives," he shares.

Buell expresses his support for innovative options like Recompose Life human composting, which transforms end-of-life processes into ecological contributions. "Traditional burial practices consume land and introduce toxic chemicals into the environment," Buell explains. "New methods like human composting symbolize a shift toward responsible, sustainable practices."

Advocating for Active Lifestyles and Longevity

In addition to planning for life's final stages, Buell is a staunch proponent of active living as a means to maximize quality of life. An avid marathoner, he incorporates guidance from experts like Dr. Peter Attia to combat major diseases such as Alzheimer's and cardiovascular disease. With the insight from Attia's book "Alive," Buell follows a lifestyle that includes rigorous exercise, balanced nutrition, and smart health choices aimed at what Attia calls the "bonus decades" of life.

"I'm excited about participating in events like the California International Marathon and racing at the USA Masters Cross Country Championships," Buell shares. "These activities keep me vibrant and connected, proving that age is no barrier to pursuing high levels of physical fitness and well-being."

Decades of Expertise in Petroleum Engineering

After 40 years with Chevron, Buell now offers his immense experience as a petroleum consultant, helping companies navigate the complex challenges of modern energy production. His career has encompassed every facet of upstream operations, including drilling, production, and reservoir management. Buell's consultative approach is heavily informed by his engagement in Lean Six Sigma practices, ensuring efficiency and safety while minimizing environmental impact.



Reflecting on his career, Buell states, “I managed over a thousand wells, oversaw drilling operations, and engaged deeply in health, environment, and safety initiatives. Every step of my career was aimed at turning challenges into opportunities for innovation and sustainability.”

Embracing a Sustainable Future

Scot Buell’s holistic approach extends to environmental advocacy. This passion is evident not only in his end-of-life planning initiatives but also in his commitment to advancing sustainable practices within the oil and gas sector. Buell actively supports research and implementation of methodologies that improve environmental stewardship, focusing on reducing carbon footprints and advancing sustainable energy solutions.

As he continues his life’s journey, Buell prepares for adventures such as sailing around Svalbard in Norway and climbing the world’s highest volcano, Ojos del Salado. These undertakings underscore his commitment to pushing physical boundaries while staying connected to the earth.

Availability for Consultation and Speaking Engagements

Scot Buell is available for consultations, keynote engagements, and seminars to share his diverse insights on petroleum engineering, living a physically active lifestyle, and creating sustainable end-of-life plans. His experiences and practical advice are valuable for organizations, families, and individuals seeking to enhance their strategic planning in life and business.



Scot Buell Consulting is dedicated to offering specialized consulting services in petroleum engineering while advocating for proactive end-of-life planning and promoting active lifestyles for enhanced longevity and well-being. Bridging the gap between traditional practices and sustainable innovation, Buell is committed to serving clients with expertise, integrity, and forward-thinking solutions.

Close Up Radio will feature Scot Buell in an interview with Doug Llewelyn on Tuesday, November 12th at 4pm EST and with Jim Masters on Tuesday, November 19th at 4pm EST

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389

For more information about Recompose Life, please visit <https://recompose.life>

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