

Author Sonia-Rose Lyle Published Fourth Poetry Book, "The Search Is Over"

A poetic diary dedicated to those suffering from anxiety and trauma

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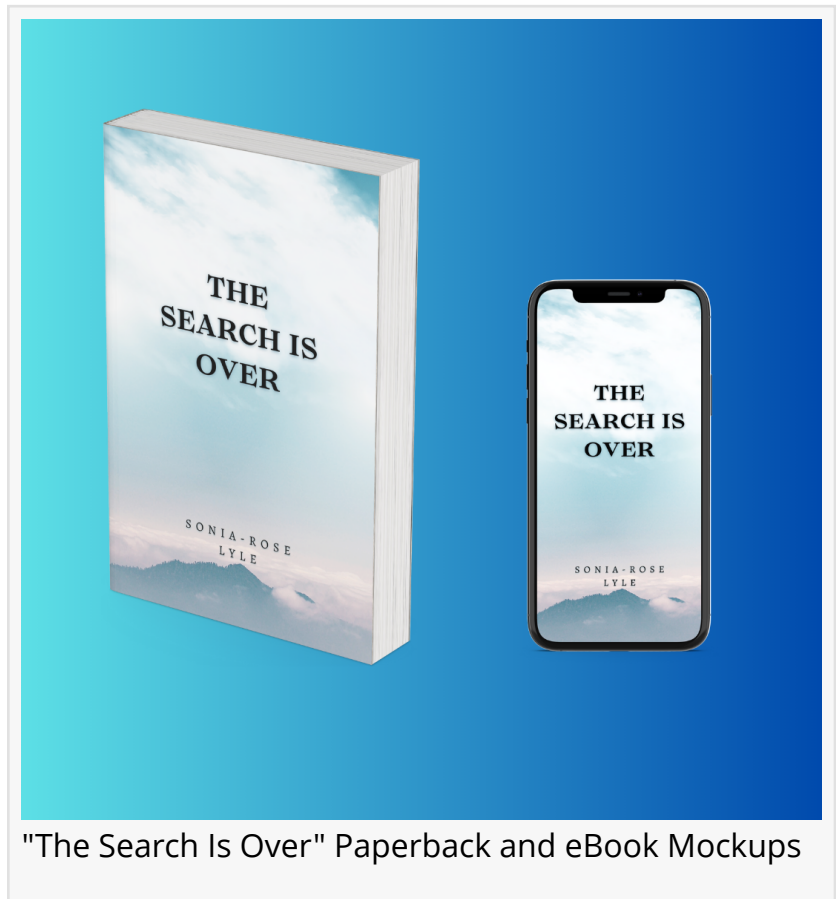
EINPresswire.com/ -- On October 1st, author Sonia-Rose Lyle published her highly anticipated fourth poetry book, "The Search Is Over." This collection of poems serves as a poetic diary dedicated to individuals who struggle with anxiety and have experienced traumatic events. After overcoming her own battle with anxiety, Sonia-Rose hopes to reach and inspire others through the fourth poetry book.

"The Search Is Over" is a deeply personal and raw reflection of Asher's own journey with anxiety and trauma.

Through the poems, he shares his innermost thoughts and emotions, providing a sense of comfort and understanding to those who may be going through similar struggles. Asher's words are a reminder that people are not alone and that there is hope for healing and transformation.

Sonia-Rose's previous poetry books have received critical acclaim for their honest and relatable themes. With "The Search Is Over", she continues to use her talent for writing to connect with her readers on a deeper level. Her words are a source of strength, offering a sense of hope and resilience to those who may be feeling lost and overwhelmed.

"The Search Is Over" is now available for purchase on [Amazon](#). Sonia-Rose hopes that her book will serve as a source of comfort and inspiration for those who are struggling with anxiety and trauma. Through her powerful and poignant words, she aims to spread awareness and understanding of these important issues. For more information on Sonia-Rose and her work, please visit her [website](#).



"The Search Is Over" Paperback and eBook Mockups



I do not know here. I never met her. When Nureen was sharing about Sonia, I felt a heart connection. She is my inspiration."

*student from Saiyid Sarawan
school*

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