

Today's Challenges, Tomorrow's Triumphs: 'Triumphs of Transformation' Launches to Inspire Resilience Across the Globe

29 Powerful Voices Unite to Empower Readers to Turn Adversity into Opportunity with Their Stories of Strength, Growth and Unstoppable Resilience

LOS ANGELES, CA, UNITED STATES, November 11, 2024 /EINPresswire.com/ -- Today marks the

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At a time when the world faces unprecedented challenges—ranging from global pandemics, economic upheaval, to personal and professional setbacks—resilience isn't just a buzzword; it's a lifeline.”

Dr. Taryn Marie Stejskal

official release of the highly anticipated book *Triumphs of Transformation: Inspiring Stories of Resilience and Life Change*, already celebrated by critics and readers alike. This remarkable collection, featuring 29 distinguished authors, offers a deeply impactful exploration of resilience and the transformational power of overcoming life's most formidable challenges.

With a foreword by Dr. Taryn Marie Stejskal, #1 Wall Street Journal best-selling author and a renowned authority on resilience and mental health, *Triumphs of Transformation* brings together stories that redefine how we view adversity. From top industry leaders to celebrated

creatives, these contributors share how they transformed setbacks into breakthroughs, offering readers invaluable lessons on thriving in the face of hardship.

A Global Tapestry of Triumph

Triumphs of Transformation brings together 29 extraordinary voices from diverse fields to share their profound insights and personal journeys of resilience. Each chapter of *Triumphs of Transformation* unfolds the journey of a leader who turned life's obstacles into stepping stones for growth. These powerful stories span diverse industries, including healthcare, entertainment, venture capital, and mental health, delivering a universal message: resilience has the power to transform.

Among these inspiring contributors is Adley Kinsman, CEO and Founder of Viralish, who has redefined success in the social media world. Dr. Adrienne Denese, the mind behind the award-

winning Dr. Denese SkinScience, has become a top-selling brand on QVC by combining her medical expertise with business acumen. Ali Katz, Founder and CEO of Eyes Wide Open Collective, provides insight into navigating complex family, financial, and legal landscapes, while Amber Caudle, best-selling author and world-renowned chef, shares her expertise in Mind-Body Nutrition and Dynamic Eating Psychology. Caitlin Crosby, Actress, Singer and Songwriter, CEO of The Giving Keys, a company whose passion to help those who have been affected by homelessness demonstrates that purpose-driven entrepreneurship can be a force for social change.



29 influential leaders share their resilience stories

In the healthcare sector, Dr. David Lowry, President & CEO of UNC Health Caldwell, leads with resilience at the forefront of patient care, and Dr. Eugene Lipov, Chief Medical Officer at The Stella Center and founder of Erase PTSD Now! James Colasurdo, a clinical psychologist, addresses the importance of mental health and well-being in later life, while Heather Mack, Founder of The Divine Gift, explores the intersection of resilience and spirituality. Georgianne McConnell, founder of Sacred-Soul-Business, also contributes a powerful narrative on aligning spiritual purpose with entrepreneurial success.

The book's contributors also span fields of business and leadership, with Denise Russell, SVP of Global Business Development at K18 Hair, and Julie Lancaster, CEO of Lancaster Leadership, sharing resilience in competitive industries. Jen Bawden, CEO of Bawden Capital and world-celebrated fashion designer, and Kathleen Cameron, CEO of Diamond Academy and 8-figure manifestation coach showcasing how resilience fuels innovation and financial success. Edy Greenblatt, a renowned resilience guru, shares insights that have transformed executive leadership.

In addition, Dr. Aleksandra Gajer, Founder of The Gajer Practice, brings her expertise in integrative health, bringing together holistic approach to medicine and empowering individuals to overcome life's challenges. Jesse Abshire, Chairman and CEO of Abshire Family Financial, shares his insights on resilience and the importance of stability and foresight. Jim Beebe, founder of Unbreakable Athletics Academy shares on physical and mental resilience, and how strength in body and mind can lead to personal transformation.

The arts and cultural sectors are represented by Quinton Aaron, actor and anti-bullying advocate best known for his leading role in the Academy Award Winning Film, *The Blindside*, and Princess Stephanie de Sarachaga-Bilbao, cultural ambassador in France —her family founding the Hieron Museum, an entrepreneur and impact investor. Ty Schmidt, Founder of Little Big Media, emphasizes the role of creativity in overcoming life's challenges. Osvald Bjelland, entrepreneur and chairman of Origination, focuses on sustainable innovation, and Maurice Williams, Founder of *Born with Purpose*, uses sports to foster youth leadership. Simon Luthi, CEO of *The Rocket Shaman*, brings his expertise in alternative medicine and holistic wellness to the discussion, while Joshua Burke, U.S. diplomat, shares his perspective on resilience in the realm of international relations.

With contributors like Mark Schneider, legacy storyteller and founder of Creative Intelligence Agency, Melissa Sassi, Ph.D., venture partner at Machinelab Ventures, and Michael Alden, CEO of BlueVase LLC and three-time Wall Street Journal Best-Selling Author, offering readers a comprehensive view of how resilience manifests in various domains, from venture capital to personal development.

Together, the 29 co-authors of *Triumphs of Transformation* create a powerful guide on resilience, inviting readers to transform their own challenges into opportunities. Through personal stories, actionable insights, and thought-provoking reflections, this book serves as a testament to the strength of the human spirit and the boundless possibilities that arise when we embrace life's trials as stepping stones to growth.

[Get Your Copy](#) and [Join the Transformation Community](#)

As *Triumphs of Transformation* launches today, November 11, 2024, readers everywhere are invited to dive into this movement—a celebration of the human spirit's capacity to rise above adversity and inspire change across cultures and communities.

Available now on Amazon, Barnes & Noble, and other major retailers, *Triumphs of Transformation* isn't just a book; it's a movement. Readers who purchase the book gain access to exclusive content and join the *Triumphs of Transformation* Community, a platform dedicated to sharing and celebrating personal growth and resilience. Visit TriumphsBook.com to also get details on how you can join the book's Live Global Broadcast with The Los Angeles Tribune Network on Tuesday, November 12, 2024, 1pm to 4pm EST.

Get Your Copy and Join us today in celebrating the power of resilience.

About *Triumphs of Transformation*:

Recently awarded the highly-coveted Critically-Acclaimed Best Seller Recognition by The Los Angeles Tribune, *Triumphs of Transformation: Inspiring Stories of Resilience and Life Change* has quickly received worldwide attention and celebrated by major media outlets around the globe.

For more details on how this inspiring Critically Acclaimed Best Seller book takes the ranks among other highly distinguished best seller books, visit LATribuneBestSeller.com. For press inquiries, contact us at: triumphsbook.com/contact

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