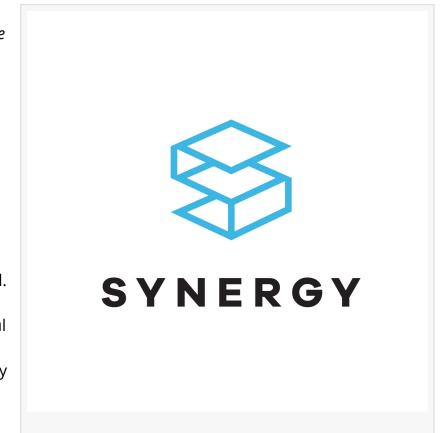


## Synergy Launches Community-Based Addiction Recovery Program with a Focus on Connection, Accountability, and Transition

Synergy, a community-based addiction recovery center, is proud to announce the expansion of its unique program that merges sober living with the real world.

WEST CHESTER, PA, UNITED STATES, November 27, 2024 / EINPresswire.com/ -- <u>Synergy</u> <u>Pennsylvania Drug & Alcohol Rehab</u>, a community-based addiction recovery center, is proud to announce the expansion of its unique program that merges sober living with the real world. With a focus on structured living, accountability, and creating meaningful connections, <u>Synergy</u> is dedicated to helping individuals find lasting recovery and build fulfilling lives postaddiction.



Synergy's program is rooted in the belief that recovery is most successful when individuals are supported by a community that understands their struggles and shares their goals. Through compassionate, evidence-based treatment, Synergy works with men and women to guide them in the process of reconnecting, discovering their purpose, and reclaiming a life of meaning.

## Core Principles of Synergy's Approach to Recovery

Reconnect: At Synergy, residents work to reconnect with themselves by repairing relationships and building new ones within a supportive community. The structured, phased recovery approach ensures that clients gain increasing agency as they meet action-based milestones, fostering a sense of purpose and self-worth.

Discover: Residents are encouraged to explore their identities, rediscover their passions, and recognize the importance of fun and balance in life. This holistic approach supports mental and emotional healing alongside addiction recovery.

Reclaim: Synergy believes in the power of reclaiming one's values and aligning them with a meaningful purpose. This focus on motivation helps residents develop the drive to move forward with their lives and maintain long-term sobriety.

Why Synergy Stands Out in Addiction Recovery

Evidenced-Based Success: Synergy boasts an impressive success rate, with 87% of residents remaining sober throughout the program (average length of stay: 5.6 months), and 64% maintaining sobriety after discharge. Those who complete the program have a 100% success rate in staying sober postdischarge.

Structured Responsibility: While residents enjoy freedoms and privileges, they must earn these through their progress in the program. This promotes accountability, builds discipline, and ensures long-term success.

Compassionate Staff: Led by people who have walked the same path to recovery, Synergy's staff understands the challenges of addiction and is deeply committed to supporting each resident with empathy and compassion. A Supportive Community: Residents at Synergy become part of a larger local network that regularly gathers to offer support. This family-oriented environment extends beyond the program, ensuring that individuals continue to receive help as they transition back into society.



Real-Life Transition: Unlike isolated treatment programs, Synergy's homes are located within vibrant communities. This ensures that residents are prepared to integrate into society, with access to work, school, and social activities essential for maintaining sobriety.

A Home Full of Amenities: Synergy's homes are designed to ensure comfort and well-being

during recovery. From fully furnished bedrooms and lounge areas to a new music studio and exercise equipment, residents can focus on their recovery in a comfortable and supportive environment.

## About Synergy

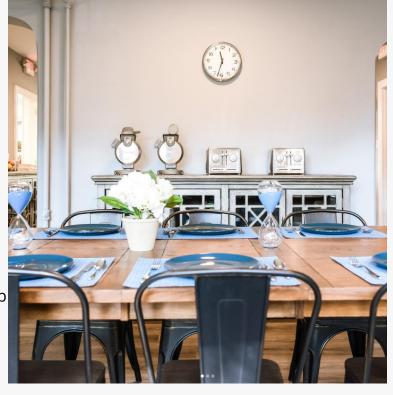
Founded by Timmy Brooks, a recovery advocate who found his path to sobriety at 18, Synergy is a facility designed to help individuals in addiction recovery rebuild their lives. After experiencing the transformative power of recovery firsthand, Timmy created Synergy to guide others through the same proven path. Synergy is committed to providing a compassionate, accountable, and community-based approach to recovery, ensuring that residents can achieve lasting sobriety and meaningful lives.

For more information about Synergy and its programs, visit <u>https://synergyhouses.com/</u> or contact (484) 779-6083.

Media Contact: Synergy Houses Phone: (484) 779-6083 Email: info@synergyhouses.com

Admissions Office Synergy Pennsylvania Drug & Alcohol Rehab +1 484-779-6083 email us here Visit us on social media: Facebook LinkedIn Instagram





This press release can be viewed online at: https://www.einpresswire.com/article/764254355 EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire<sup>™</sup>, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information. © 1995-2024 Newsmatics Inc. All Right Reserved.