

World-Renowned Master of Meditation Yogmata Keiko Aikawa Brings Peace of Mind to New York City

*The First Female Siddha Master and
Himalayan Great Saint teaches how to
manage mental stress and strive for
longevity*

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-- A workshop was held at the Japan
Society in New York City by Yogmata
Keiko Aikawa, the First Female Siddha
Master and Himalayan Great Saint who
held a unique one-day session where
people came and learnt some of the
Himalayan teachings from the Siddha
master herself to help participants
focus on beauty, managing stress in
their lives and aiming to increase
longevity through the power of
meditation.

About Yogmata Keiko Aikawa:

Born Yamanashi, Japan, 1945, Yogmata
Keiko Aikawa has been interested in
and practiced yoga, meditation and health regimens since her teenage. Becoming a yoga
instructor, she held classes in many culture centers and actively taught asana yoga to thousands
of students.

At age 39, Yogmata first met Pilot Babaji, a prominent yoga and meditation master, who had
visited Japan for a television program, and following which, he invited her for training in the
Himalayas. Yogmata then traveled to the Himalayas and underwent authentic yoga training for
the path to enlightenment, eventually achieving Samadhi, the supreme state of yoga and
meditation.



YOGMATA
KEIKO AIKAWA

Yogmata Keiko Aikawa Logo



Participant learning from Yogmata Keiko Aikawa
(Photo credit: Science of Enlightenment)

Since 1991, Yogmata has now performed Public Samadhi, which is renowned as proof of enlightenment, 18 times in India, to promote world peace. And has received admiration from all over India. Currently, Yogmata travels the world to guide people to truly essential living through giving lectures and teaching on meditation.

In 2016, Yogmata gave a speech, as a guest of honor, at the International Yoga Day event held at the United Nations HQ, upon the request of the Indian government. In October 2016 and May 2017, she presented keynote lectures and taught meditation for Peace at events held in United Nations.

She is also renowned as an author and has sold over 1,000,000 copies of her books world-wide. For more information, please visit:
www.japanese-meditation.com

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Atmosphere (Photo credit: Science of Enlightenment)



Yogmata Keiko Aikawa (Photo Credit: VITAL Photo NYC)



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