

# As New Administrations Prepare to Take Office, Senator Shares Strategies on Getting Cooperation Across the Aisle

*Sen. Karen Keiser offers an insider's view of the ins and outs of achieving legislative landmarks in her perfectly timed book, [Getting Elected is the Easy Part](#).*

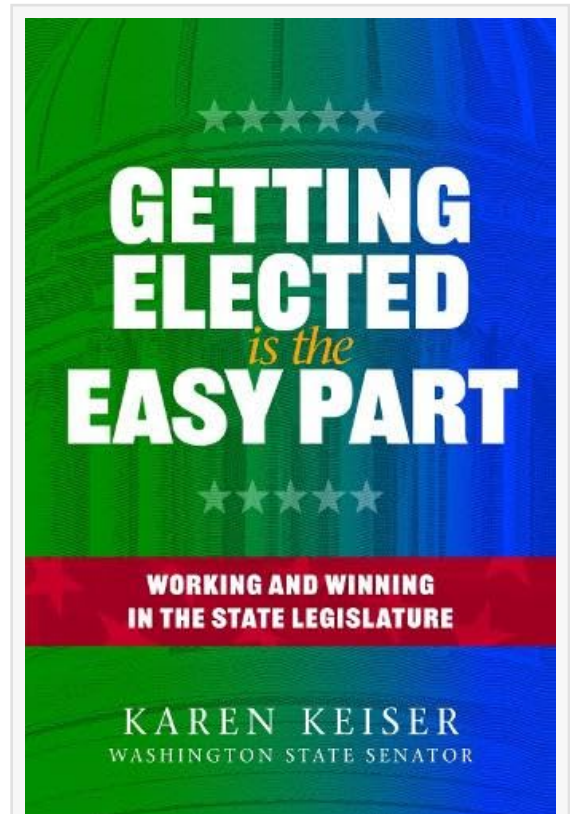
DES MOINES, WA, UNITED STATES, December 11, 2024 /EINPresswire.com/ -- In her impeccably timely book, [Getting Elected is the Easy Part](#): Working and Winning in the State Legislature, Washington State Sen. Karen Keiser gives legislative newcomers a behind-the-scenes look at the culture adjustments and challenges many newly elected lawmakers face and offers tips and advice to help them achieve legislative goals.

Keiser devotes an entire chapter to the art of compromise (without compromising values) — a topic that seems particularly tailored for today's political climate.

"Always know your bottom line. Know where you can give and where you have to walk away," Keiser said. "And that's my fundamental approach to negotiating, and it's been pretty successful over time, but I had to learn it by doing."

In her book, Keiser blends practical advice, documented research and her own personal experiences to provide no-nonsense guidance about how to succeed and achieve real change as an elected official.

Perfect for newly elected state legislators, city councilmembers, school board members, citizen activists, advocates, political scientists and students of government, [Getting Elected is the Easy Part](#) offers an insider's view of the ins and outs of achieving legislative landmarks.



Americans can expect real change at the state level, but it won't happen overnight, says Sen. Karen Keiser. She offers newly elected officials, advocates and students of government an insider's view of the ins and outs of achieving legislative landmarks in her book.

“The book is especially helpful to women and people of color who are newly elected — to state legislatures, city councils or school boards — who are new to the often male-dominated, hidebound, traditional institutions of government with its arcane procedures and unwritten rules,” Keiser added.

Keiser covers a comprehensive spectrum of topics relevant to newly elected lawmakers, including:

- Turning campaign promises into legislation
- Securing bipartisan support
- Building trust with other legislators
- Sex discrimination and DEI issues
- Understanding legislative positions, processes and procedures
- Balancing family needs and work demands
- The role of lobbyists
- And much more

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Always know your bottom line. Know where you can give and where you have to walk away.”

*Washington State Sen. Karen Keiser*

“People run for election, and they're coming to the Legislature with the wind at their back thinking, I'm going to change the world,” Keiser said. “They'd like to get it done overnight. But that doesn't happen, and they get discouraged. I wrote the book to encourage them to

persist and achieve their goals.”

About Author and Sen. Karen Keiser

Sen. Karen Keiser is a veteran legislator who has successfully achieved real change, while serving in both the majority and minority and in both chambers of the Washington State Legislature. She represents Washington's 33rd Legislative District, which contains a number of suburban cities south of Seattle. As Senate President Pro Tempore, and as current chair of the Senate Labor & Commerce Committee, she champions policies that help working families and improve women's economic security.

She was a pivotal leader in reforming Washington's health care system, fully implementing the Affordable Care Act, and passing Washington's nation-leading Paid Family and Medical Leave program. She has focused on prescription drug costs, and passed a permanent cap on insulin



Author and Washington State Sen. Karen Keiser

out of-pocket costs last year. She also serves on the budget-writing Ways & Means Committee and as vice chair of the Rules Committee.

Born and raised in Merrill, Iowa, Keiser moved to Southern California for her senior year in high school. She attended the University of California, Berkeley, receiving a bachelor's degree in political science and a master's degree in journalism. She worked as a broadcast journalist in Portland, Denver and Seattle before becoming the communications director for the Washington State Labor Council, AFL-CIO.

She has three adult children. When she is not running for or serving in the legislature, she enjoys singing, dancing, traveling and gardening.

Follow her on social media at <https://www.facebook.com/karen.keiser> and <https://twitter.com/KarenKeiser1>.

Amazon link: <https://www.amazon.com/Getting-Elected-Easy-Part-Legislature/dp/1638640114>

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Trish Stevens

Ascot Media Group, Inc.

+1 832-334-2733

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