

# Save the Date for The Wellness Show on February 1 & 2 in Vancouver

*The Wellness Show returns for its 32nd Year at the Vancouver Convention Centre in 2025*

VANCOUVER, BC, CANADA, December 11, 2024 /EINPresswire.com/ -- The [Wellness Show](#), Western Canada's largest holistic wellness event, returns to Vancouver from February 1-2, 2025. Returning for its 32nd year in Vancouver, The Wellness Show brings the latest wellness trends, top health products, and transformative experiences to the Vancouver Convention Centre.



Two attendees talk with an exhibitor at the 2024 Wellness Show in Vancouver

This year's event is set to spotlight trends in holistic health, sustainability, and wellness technology. Attendees will have the opportunity to explore interactive booths from close to 200 exhibitors, offering a wide range of products and services—from natural skincare to the latest in nutrition and fitness.

“

The 2025 Wellness Show offers more than just products—it's a comprehensive experience for those looking to take charge of their health.”

*Jeannette Savard, The Wellness Show producer*

“The Wellness Show continues to evolve with the trends shaping the way we approach health,” says Jeannette Savard, New Rave Productions, producers of The Wellness Show. “This year we're excited to bring Vancouver a range of experiences that focus on mental wellness, gut health, eco-conscious products, and more.”

Wellness Trends to Watch for at the 2025 Show:

- **Mental Wellness & Mindfulness:** Explore workshops and exhibitor booths that provide stress-reducing tools, meditation techniques, and emotional well-being strategies to balance life's demands.

- Sustainable Living: With sustainability at the forefront, expect to see eco-friendly products and services that focus on reducing waste and environmental impact in personal health and beauty routines.
- Gut Health & Nutrition: Dive into workshops and cooking demos that explore the critical connection between gut health and overall wellness, featuring vendors with clean, plant-based food options.

The 2025 Wellness Show offers more than just products—it's a comprehensive experience for those looking to take charge of their health. With live demonstrations, expert talks, hands-on activities, and exclusive show deals, the event promises to inspire and empower.

Get Involved: To stay up-to-date with the latest announcements, sign up for the newsletter and follow The Wellness Show on social media @wellnessshow for ticket information, vendor highlights, and more exclusive content leading up to the event.

Tickets for The Wellness Show will be available at [www.thewellnessshow.com](http://www.thewellnessshow.com) when they go on public sale in December 2024.

Cynnamon Schreinert  
HartleyPR  
+1 604-802-2733

[email us here](#)

Visit us on social media:

[Facebook](#)

[X](#)

[Instagram](#)

[Other](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/768283777>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.