

# Stillwater Wellness Group Offers Comprehensive Addiction Recovery Programs During the Holiday Season

*Prioritize your health and well-being with personalized care and expert support.*

LAKE FOREST, CA, UNITED STATES,  
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EINPresswire.com/ -- While the holidays are a time of giving, they can also be the perfect time to focus on your own health and well-being. All year round, but especially around the holiday season, [Still Water Wellness Group](#) encourages individuals to prioritize their own well-being by focusing on mental health and recovery. Located in Lake Forest, the center offers a tranquil space for healing, with personalized care that supports clients on their path to wellness.



Still Water Wellness Has Unique Amenities for its Patients

Still Water Wellness Group specializes in treating alcohol detox and [mental health challenges](#) and substance use disorders through tailored programs designed to address each client's unique needs. Whether individuals are seeking help with addiction, anxiety, or depression, the center combines evidence-based therapies with holistic approaches to provide comprehensive support.

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*Clint Kreider*

“Our mission is to create a space where people can take the first step toward healing,” said Clint Kreider, Clinical Director at Still Water Wellness Group. “The holidays are an ideal time to focus on mental health and well-being, and we’re here to help clients and their families start a new chapter with hope and confidence.”

The holiday season often highlights the importance of mental health, as the pressures of the

year can amplify stress and emotional challenges. Still Water Wellness Group's serene environment and expert team provide the support clients need to overcome these obstacles and prepare for a fresh start in 2025.

This holiday season, give yourself or a loved one the gift of wellness with Still Water Wellness Group. Starting now means entering the New Year with clarity, balance, and a renewed sense of purpose.



Still Water Wellness Offers Top Facilities for Rehab

For more information about [Still Water Wellness Group - Alcohol & Drug Rehab, Orange County](#) or to schedule a confidential consultation, visit [www.stillwaterwellness.com](http://www.stillwaterwellness.com) or call +1 866-923-2216 today.

Clint Kreider

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