

## Excellence Medical & Skincare Clinic: Pioneering Women's Health and Vulvar Dermatology in Sherwood Park and Edmonton

SHERWOOD PARK, ALBERTA, CANADA, January 3, 2025 /EINPresswire.com/ -- Excellence Medical & Skincare Clinic proudly celebrates over a decade of delivering comprehensive women's health and skincare services to the Sherwood Park and Edmonton communities. As a leading provider in



women's health, the clinic is committed to offering advanced care for vulvar dermatology, skin diseases, and cosmetic services, bringing innovative solutions and compassionate care to women of all ages.



From reproductive and sexual health to mental health and cosmetic wellness, we are dedicated to empowering women with the tools and treatments they need to thrive at every stage of life."

Dr. Sharmeen Shaikh

Under the expert leadership of <u>Dr. Sharmeen Shaikh</u>, a Board-Certified Aesthetic Medicine practitioner with a Postgraduate Diploma in Dermatology in Clinical Practice, the clinic specializes in addressing the unique health needs of women. Dr. Shaikh's passion for skin disease treatment, women's health, and cosmetic services is complemented by her advanced training under Clinical Professor Dr. Marlene Dytoc at the University of Alberta Hospital, where she honed her expertise in vulvar diseases.

"At Excellence Medical & Skincare Clinic, we believe that women's health encompasses physical, emotional, and

social well-being," says Dr. Shaikh. "From reproductive and sexual health to mental health and cosmetic wellness, we are dedicated to empowering women with the tools and treatments they need to thrive at every stage of life."

Comprehensive Women's Health Services
The clinic offers a wide range of specialized services, including:

- Treatment for chronic vulvar conditions, including vaginal dryness and external genital skin diseases.
- Diagnosis and management of vulvar skin disorders, such as eczema, folliculitis, cellulitis, and lichen sclerosus.
- Vulvar skin biopsies and assessments for abnormal appearances or lesions.
- Solutions for atrophic vulvovaginitis, dyspareunia, and urinary stress incontinence, particularly for menopausal women.

In addition to these services, the clinic is excited to introduce diVa Vaginal Therapy, a revolutionary non-invasive treatment designed to address gynecological and genitourinary concerns. This innovative laser therapy provides relief for women experiencing symptoms like dryness, discomfort, or stress incontinence, helping them regain confidence and improve their quality of life.

## Empowering Women's Health Through Innovation

Excellence Medical & Skincare Clinic is dedicated to integrating the latest advancements in medical technology with compassionate care. Whether managing chronic vulvar diseases, addressing skin health concerns, or offering aesthetic enhancements, the clinic remains a trusted partner for women seeking personalized solutions to their unique health needs.

For more information or to schedule a consultation, individuals can visit <a href="https://www.excellencemedicalclinic.com">www.excellencemedicalclinic.com</a> or contact at 780-570-5855:

## About Excellence Medical & Skincare Clinic

Excellence Medical & Skincare Clinic has been a pillar of women's health and aesthetic medicine in Sherwood Park and Edmonton for over ten years. Under the leadership of Dr. Sharmeen Shaikh, the clinic offers an unparalleled combination of medical expertise and innovative technology to help women achieve their health and wellness goals.

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