

# Neuro Hope Introduces Combined Neurofeedback and HBOT Treatment in Colorado Springs

*Neuro Hope launches a groundbreaking treatment in Colorado Springs, combining neurofeedback and hyperbaric oxygen therapy for enhanced brain health and recovery*

COLORADO SPRINGS, CO, UNITED STATES, January 14, 2025

/EINPresswire.com/ -- Neuro Hope Psychotherapy & Neurofeedback announces the introduction of a new treatment program that combines [Neurofeedback Therapy](#) with [Hyperbaric Oxygen Therapy](#) (HBOT). The service aims to support individuals seeking cognitive improvement and recovery from conditions including traumatic brain injury, stroke, and post-COVID symptoms.

The treatment integrates two established approaches: Neurofeedback and Hyperbaric Oxygen Therapy. Neurofeedback helps train the brain to help patients regulate their mental state by training dysregulated brain wave activity. Hyperbaric Oxygen Therapy delivers pressurized oxygen to support cellular repair and reduce inflammation.

"This combined approach represents a new direction in (helping people who struggle with cognitive processes and mental health



conditions)" says Dr. Zoe Bonack, Licensed Psychologist at Neuro Hope. "We're now able to address both cognitive and emotional functioning and cellular healing simultaneously."

Neurofeedback Therapy, a non-invasive and drug-free method, has demonstrated effectiveness in addressing various conditions including anxiety, depression, ADHD, learning disabilities, trauma, PTSD, and chronic stress. This therapy addresses dysregulated brainwave activity to help patients achieve optimal functioning, promoting improved focus and stress resilience.

HBOT treatment, conducted in specialized pressurized chambers, has shown particular promise in accelerating healing for traumatic brain injuries, stroke recovery, and chronic fatigue syndrome. The therapy works by increasing oxygen levels in the blood, which supports natural healing processes and reduces inflammation throughout the body.

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The combination of Neurofeedback and HBOT represents the future of holistic health, empowering our clients to achieve breakthroughs they never thought possible."

*Dr. Zoe Bonack, Psy.D., BCN, QEEG-D, Clinical Director*

- State-of-the-art HBOT chambers
- Private treatment rooms for individual sessions


The service is particularly relevant for:

- Veterans with trauma or brain injuries.



**NEUROFEEDBACK  
THERAPY**

*Neurofeedback therapy empowers you to take an active role in your brain's well-being.*



neurohope

The center's comprehensive treatment approach begins with detailed assessments to understand each patient's specific needs. "Our focus is on creating individualized treatment plans," explains Dr. Bonack. "We recognize that each person's journey to recovery is unique, and we adjust our protocols accordingly."

The new facility features modern treatment spaces designed for patient comfort, including:

- Advanced neurofeedback suites creating a space for each person's needs

- Individuals experiencing post-concussion symptoms.
- Stroke patients who have lingering symptoms by improving cognitive function and helping their mood to become more stable.
- People with ongoing COVID-19 effects.
- Those seeking relief from chronic migraines.
- Students and professionals dealing with attention and anxiety challenges.
- Athletes recovering from sports-related injuries.
- Performance enhancement by enhancing cognitive ability.

## About Neuro Hope Psychotherapy & Neurofeedback

Neuro Hope is a [mental health and wellness center in Colorado Springs](#) specializing in neurofeedback therapy and psychological services. Dr. Bonack is Board Certified in Neurofeedback and holds a Diplomate in QEEG. The center combines evidence-based practices with advanced technology to support lasting improvements in mental, emotional, and physical well-being.

Zoe Bonack, Psy.D

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