

White River Academy Addresses Reactive Attachment Disorder with Specialized Residential Care

White River Academy of Delta, Utah, is Transforming The Lives of Young Men with Specialized Care for Reactive Attachment Disorder.

DELTA, UT, UNITED STATES, January 3, 2025 /EINPresswire.com/ -- [White River Academy](#), a leading residential treatment center in Delta, Utah, is making a profound impact on young men aged 12-18 by offering specialized care for Reactive Attachment Disorder (RAD). Through a holistic and therapeutic approach, the academy empowers students to overcome emotional challenges, rebuild trust, and establish meaningful connections with others.

"At White River Academy, we believe that no young man should be defined by his past struggles," says Justin Nielson, Founder & CEO. "Our mission is to provide a safe, nurturing environment where boys can heal and learn the skills needed to lead fulfilling lives."

Understanding Reactive Attachment Disorder

Reactive Attachment Disorder is a complex condition that often stems from early neglect, trauma, or disrupted caregiving. It impacts a young person's ability to form healthy emotional bonds, resulting in behaviors such as withdrawal, defiance, or difficulty trusting others.

"RAD doesn't just affect the child; it impacts entire families," explains Nielson. "It's a disorder that requires specialized care and a deep understanding of the root causes to foster lasting healing."



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The need for treatment is significant, with many families searching for solutions that address both the emotional and relational challenges of RAD. White River Academy has stepped forward to meet this demand with a proven and compassionate approach.

A Specialized Approach to Healing

White River Academy's residential program is designed specifically for boys dealing with RAD and other behavioral challenges. The academy combines evidence-based therapeutic techniques with individualized care plans tailored to each student's unique needs.

Key elements of the program include:



Justin Nielson - CEO & Founder

Trauma-Informed Therapy: Addressing the root causes of RAD through therapies such as cognitive-behavioral therapy (CBT) and dialectical behavior therapy (DBT).

Family Involvement: Incorporating family counseling to rebuild trust and strengthen relationships.

“

Our mission is to provide a safe and nurturing environment where boys with reactive attachment disorder can heal and build healthy relationships.”

Justin Nielson

Life Skills Training: Teaching students emotional regulation, communication skills, and self-confidence to navigate the complexities of life.

“Our program doesn't just treat symptoms—it empowers young men to rewrite their stories,” says Nielson. “We're equipping them with tools they'll carry for a lifetime.”

Success Stories of Transformation

One of White River Academy's greatest strengths is its ability to create success stories. A recent graduate, for example, entered the program struggling with severe RAD, unable to trust or connect with others. After months of specialized care, he not only mended relationships with his family but also discovered a passion for art that he now uses as a therapeutic outlet.

“Thanks for give me my son back!” shares the boy's mother. “White River has an excellent program structure focused on personal responsibility to improve behavior, communication and

emotional stability.”

Impacting Families and Communities

White River Academy’s work extends far beyond its campus. The academy partners with families to ensure students are supported both during and after treatment. These efforts contribute to stronger familial bonds, academic improvements, and positive reintegration into the community.

“Reactive Attachment Disorder doesn’t just disappear—it takes a community effort to create lasting change,” says Nielson. “We’re proud to be part of that journey for so many families.”

A Commitment to Excellence

As White River Academy looks to the future, it remains committed to expanding its reach and impact. Plans include continued staff training, exploring [innovative therapeutic methods](#), and raising awareness about RAD through partnerships and community outreach.

“Our vision is to provide a place of hope and healing for even more families,” says Nielson. “We are dedicated to changing lives, one boy at a time.”

Learn More

For families seeking support for a young man struggling with Reactive Attachment Disorder, White River Academy offers a compassionate and transformative solution.

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