

Shelter Cove Hosts "Wellness Weekend" to Boost Winter Tourism and Support Local Businesses

SHELTER COVE, CA, UNITED STATES, January 7, 2025 /EINPresswire.com/ -- The charming remote and tiny coastal village of Shelter Cove, nestled on California's Lost Coast, is excited to announce its inaugural Wellness Weekend, a special event designed to invite visitors to experience the magic of Shelter Cove during the quieter winter months. The event, organized by VisitShelterCove.com, will take place on 24th, 25th and 26th of January, 2025 and features a variety of activities aimed at rejuvenating the mind, body, and spirit.

While Shelter Cove thrives during the bustling summer season, winter offers a serene escape from the everyday hustle, showcasing the area's natural beauty and tranquil ambiance. Wellness Weekend aims to attract visitors during this slower season, providing a much-needed boost for local businesses that strive to stay open year-round.

Event Highlights:

Yoga and Meditation Sessions: Reconnect with your inner self while enjoying breathtaking ocean views.

Nature Walks and Wildlife Spotting: Explore the unspoiled beauty of Shelter Cove and catch glimpses of deer, fawns, and other native wildlife.

Local Culinary Experiences: Savor locally-sourced meals crafted by Shelter Cove's talented chefs.

Workshops and Talks: Join experts to learn about mindfulness, sustainable living, and the history of the Lost Coast.

Relaxation and Spa Services: Treat yourself to massages and other wellness therapies offered by local practitioners.

VISIT SHELTER COVE WELLNESS WEEKEND
JANUARY 24TH + 25TH + 26TH, 2025

JOIN US IN SHELTER COVE ~ CALIFORNIA'S MOST NATURALLY RUGGED COASTLINE GETAWAY SPOT, FOR A WEEKEND OF REST, RELAXATION AND EXPLORATION.

THESE PACKAGES OFFER A CHANCE TO WORK WITH A VARIETY OF LOCAL HEALERS, TO MEET THE WELLNESS COMMUNITY PLUS SAMPLE FOODS FROM EVERY LOCAL RESTAURANT.

WHETHER YOU STAY IN ONE OF THE MANY LUXURIOUS HOTEL SUITES AND VACATION RENTALS OR ENJOY A COZY CAMPSITE IN THE COVE CAMPGROUND, STAY WITH FRIENDS OR LIVE LOCALLY THERE'S A PACKAGE FOR YOU.

**BALANCE**
\$660
TWO NIGHTS
HOTEL OR VRBO
TWO BREAKFASTS
TWO LUNCHES,
THREE DINNERS
ALL ACTIVITIES

**BREATHE**
\$460
TWO NIGHTS
CAMPING
TWO BREAKFASTS
TWO LUNCHES,
THREE DINNERS
ALL ACTIVITIES

**TREAT**
\$385
TWO BREAKFASTS
TWO LUNCHES,
THREE DINNERS
ALL ACTIVITIES

**ENJOY**
\$210
TWO BREAKFASTS
TWO LUNCHES,
THREE DINNERS

**PLAY**
\$175
ALL ACTIVITIES

• CONTACT US IF YOU'RE A VENDOR AND WOULD LIKE TO OFFER ADDITIONAL SERVICES

• SPONSORSHIP OPPORTUNITIES AVAILABLE

DM OR EMAIL TO SIGN UP
VISITSHELTERCOVE@GMAIL.COM
VISITSHELTERCOVE
VISITSHELTERCOVE.COM

• ACTIVITY ITINERARY SPECIFICS TO FOLLOW ON THE WEBSITE

EVENT SCHEDULES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. WE MAKE EVERY EFFORT TO KEEP YOU INFORMED OF ANY UPDATES, BUT UNFORESEEN CIRCUMSTANCES MAY REQUIRE ADJUSTMENTS. FOR UPDATED INFORMATION PLEASE CHECK [HTTPS://WWW.VISITSHELTERCOVE.COM/Wellness-Weekend](https://www.visitsheltercove.com/wellness-weekend). WE APPRECIATE YOUR UNDERSTANDING AND FLEXIBILITY.



Wellness Weekend Packages

Local businesses, including inns, restaurants, and shops, are collaborating to offer special discounts and packages for Wellness Weekend participants. The event is ideal for couples, families, and solo travelers looking for a peaceful retreat.

About Shelter Cove:

Located along [California's Lost Coast, Shelter Cove](#) is a hidden gem known for its dramatic coastline, abundant wildlife, and welcoming community. Whether it's the summer buzz or winter's quiet charm, Shelter Cove offers something for everyone.

For more information about Wellness Weekend and to book your stay, visit www.visitsheltercove.com

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[Instagram](#)

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