

'Thriving Beyond Medicine:' Healio Debuts Community Platform to Support Clinician Wellness

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[Healio](#), the trusted resource for healthcare professionals, proudly announces the launch of [Healio Community](#), a new platform designed to support the holistic well-being of physicians, PAs, NPs and other advanced practice professionals. Focused on mental, physical, and financial well-being, Healio Community represents a pivotal step in Healio's commitment to empowering healthcare professionals.



Clinicians and trainees navigate demanding schedules and an ever-changing healthcare landscape, often feeling isolated in their experiences. Healio Community creates a safe, supportive space where healthcare professionals can connect around shared goals while accessing resources and tools designed to help them thrive personally and professionally.

Key features of Healio Community include:

- **Groups and Forums:** Dedicated spaces where healthcare professionals can engage in meaningful discussions on topics such as mental health, nutrition, fitness, and financial literacy—fostering community support and empowerment at every stage of their careers.
- **Career Growth Opportunities:** A curated job board designed to connect healthcare professionals with rewarding career paths that align with their expertise, specialties, and long-term goals—making it easier to find roles that inspire growth and fulfillment.
- **Mentorship Program:** A space that connects seasoned physicians with those seeking guidance, providing a trusted space to share insights, refine skills, and navigate career challenges—empowering healthcare professionals to grow with confidence.

"At Healio, we understand that clinician wellness is critical not only for individual health, but also for the overall healthcare system," said Stacey Adams, Vice President of Healio Community. "With

Healio Community, we are creating a space where healthcare professionals can find the resources, support and connections they need to thrive."

Healio Community is a gated destination built on a foundation of innovation and empathy, reflecting the needs of today's healthcare professionals. The platform empowers healthcare professionals of all career stages and specialties to take charge of their wellness while fostering community, boosting joy and enabling connections among peers.

"Healthcare professionals dedicate their lives to helping others, but their wellness often takes a backseat," said Joan-Marie Stiglich, Chief Content Officer and Chief Strategic Alliance + KOL Officer at Healio. "Healio Community was created to change that narrative."

Designed with input from healthcare professionals, Healio Community combines user-friendly technology with a physician-first mindset. The platform addresses individual needs while fostering a greater sense of connection and belonging within the medical community.

Healio Community is now live and accessible to healthcare professionals everywhere. To learn more or sign up, visit Healio.com/Community.

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[About Healio](#)

Healio is a multichannel information platform, providing healthcare specialists with tailored news, information and education in support of their daily practice of medicine. Healio's core News, CME, Clinical Guidance and Community channels deliver practical information and education across 21+ specialties. For more information, visit Healio.com.

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