

## Wendy Joy Rosen of Precipice Health Recently Featured on Close Up Radio

BRADENTON, FL, UNITED STATES, January 10, 2025 /EINPresswire.com/ -- Receiving a chronic health diagnosis often feels like a life sentence, one trailblazing woman is determined to change the narrative. Wendy Joy Rosen is determined to change that narrative. As the visionary founder of Precipice Health, Wendy is empowering individuals with tools and knowledge to take control of their health. As a dedicated functional health consultant and nutritionist, Rosen brings a revolutionary approach to healing that is both refreshing and liberating for those struggling with chronic conditions.



Rosen firmly believes that far too many people resign themselves to genetic predispositions when the truth, supported by scientific evidence, is quite different. "The point of the matter is that you have options now," emphasized Rosen. "If you're dealing with chronic ailments, relying on family history as an explanation is a myth. Science reveals that only about 2% of cases are genetic, while a staggering 98% stem from lifestyle choices. We are here to help you reclaim your health."

Wendy Joy Rosen's personal journey from Wall Street finance to functional health consulting is one of resilience and reinvention. Raised in an era when health issues like hypoglycemia were largely misunderstood, Rosen faced a host of metabolic concerns. "Back in the 70s, metabolic health issues were barely acknowledged. I was given sugar packets to manage hypoglycemia instead of proper advice," she recalls with a smile.

Traumatic experiences, such as losing her mother to cancer and facing abandonment, added to life's challenges. Despite these obstacles, Rosen's indomitable spirit pushed her forward. From

battling mononucleosis to overcoming chronic depression and gut issues, her struggles ignited a fierce passion for health resolution—a passion that ultimately led to the creation of Precipice Health.

## Functional Health: A Comprehensive Approach

At Precipice Health, Rosen employs a holistic perspective with her clients. She doesn't merely treat symptoms; she dives deep to uncover root causes. By looking at a client's blood through the lens of functional health, Rosen identifies suboptimal imbalances and systemic issues often overlooked by conventional medicine.

"Metabolic disorders are rampant, yet our existing health system doesn't address them," Rosen asserts. "Doctors are fantastic with acute scenarios, but when it comes to chronic issues, they often miss the mark because they aren't trained to view the body holistically. At Precipice Health, we are filling that gap."

Functional health practitioners like Wendy Joy Rosen focus on lifestyle adjustments and natural solutions. They conduct comprehensive analyses, including lab work to assess everything from hormone levels to detoxification efficiency, providing personalized, actionable insights to clients.

Rosen's path to transformation was not easy. After years in the high-pressure environment of Wall Street, she realized that her own health depended on re-evaluating her lifestyle. In 1997, chronic fatigue syndrome was a turning point. "The fatigue was crippling. Mainstream medicine didn't have the answers I needed, which led me to functional health," Rosen shares. "Looking at my symptoms through the lens of functional health allowed me to discover answers not one of my doctors could see."

Precipice Health now offers clients what Rosen learned on her journey to wellness: a partnership where your voice is central, and the power to choose health is in your hands. The organization offers cutting-edge programs and protocols that address nutritional deficiencies, environmental toxins, and mental well-being, all tailored specifically to the individual's needs.

## New Programs on the Horizon

To further support individuals on their health journeys, Precipice Health is excited to announce the upcoming launch of several educational initiatives. A master class, slated for January, will focus on empowering individuals to read and understand their blood tests.

"This is about owning your own health journey," Rosen explains. "By understanding what's happening in your body, you can make informed, proactive choices. Our classes will shed light on key health markers, how to interpret them, and what they mean for your overall well-being."

## A Collective Call to Change

Society's reliance on pharmaceuticals and narrow medical models has prompted a need for change. Rosen points out that current food systems and medical practices often prioritize corporate gain over genuine health. Toxicities in foods and everyday products contribute to widespread illness, she warns. "Many of us are eating non-organic, pesticide-laden foods without a clue," Rosen states. "We're here to show everyone a better way."

The shift towards functional health is not just about healing; it's about preventative care, education, and transformation. Rosen encourages people to break free from harmful cycles and embrace a lifestyle conscious of nutrition, mental health, and sustainability.

Precipice Health invites everyone yearning for better health to reach out. "Do you want to know? Do you want to fix it? Are you willing to make the changes you need?" Rosen asks. "If you're ready to transform your health, we're here to show you how."

Close Up Radio recently featured Wendy Joy Rosen, FDN-P in a two-part interview with Jim Masters on Monday, January 6th at 1pm EST and with Doug Llewelyn on Monday, January 13th at 1pm EST

[Listen to the Podcast](#)

<https://podcasts.apple.com/us/podcast/part-1-close-up-radio-spotlights-wendy-joy-rosen-of/id1785721253?i=1000683100995>

<https://www.iheart.com/podcast/269-close-up-radio-242020413/episode/part-1-close-up-radio-spotlights-255588275/>

<https://open.spotify.com/episode/5n0t3qU8Q1L4GJDjCnBqol>

For more information about Wendy Joy Rosen, FDN-P, please visit [www.wendyjoyrosen.com](http://www.wendyjoyrosen.com)

Lou Ceparano

Close Up Television & Radio

+ +1 631-850-3314

[email us here](#)

Visit us on social media:

[Facebook](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/775431325>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.