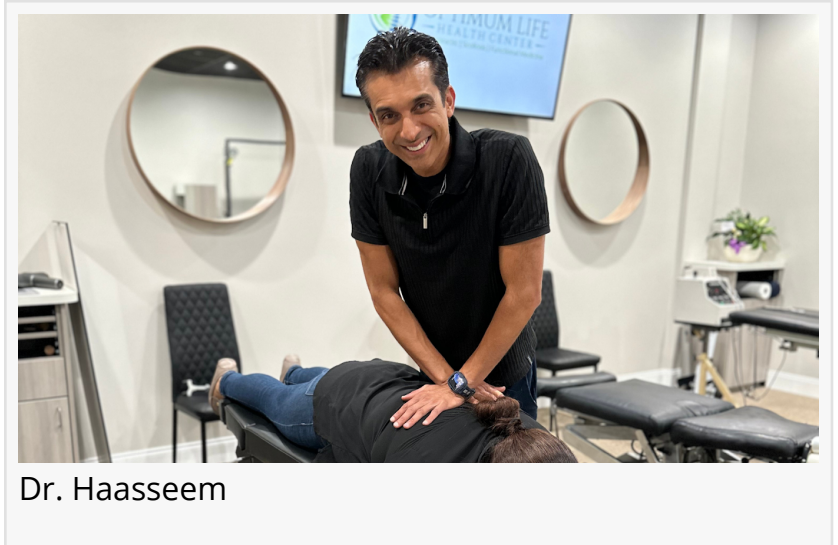


Optimum Life Health Center Expands to a New Location in Delray Beach

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DELRAY BEACH, FL, UNITED STATES, January 20, 2025 /EINPresswire.com/ -- Optimum Life Health Center, a leading provider of [Chiropractic BioPhysics](#) and holistic healthcare solutions, has recently moved to a state-of-the-art facility in Delray Beach, Florida. Under the guidance of Dr. Haasseem and his experienced team, the new location promises to deliver a higher standard of care to patients throughout the community and beyond.



Dr. Haasseem

Dr. Haasseem, who brings unparalleled expertise from his time at the prestigious Ideal Spine Health Center in Idaho, is excited to share his vision for Optimum Life Health Center.

“

Our goal is not just to alleviate pain but to provide patients with the tools they need to live their best, most vibrant lives.”

Dr. Haasseem

A New Chapter for Optimal Health

Dr. Haasseem’s passion for creating a cutting-edge healthcare facility stems from his experience working at the largest corrective care center in the world. He shares:

“At Ideal Spine Health Center, I had the privilege of learning

from some of the most published and skilled doctors in spinal rehab. That experience shaped my vision of what healthcare can truly be, and I wanted to bring that same level of excellence back to South Florida. Our new location is a space where patients can experience the highest standard of non-surgical spinal care, functional medicine, and holistic healing.”

The new facility boasts a welcoming, modern environment designed to enhance patient experiences while supporting the practice’s mission of delivering life-changing care.

Cutting-edge services for the Community

The expanded Delray Beach location features advanced equipment and specialized training that allow the team to achieve better results faster. Key highlights of the new facility include:

- Comprehensive Chiropractic BioPhysics care, supported by over 270 peer-reviewed research articles.
- Scoliosis management services, including the innovative 3D ScoliBrace for patients of all ages.
- Neuropathy treatment protocols combining spinal alignment, gut healing, and advanced technology for enhanced blood and nerve flow.
- Functional medicine approaches to reduce inflammation and heal conditions like leaky gut.
- Community education opportunities focusing on stress management and holistic health.

Dr. Haasseem explains:

“Our goal is not just to alleviate pain but to provide patients with the tools they need to live their best, most vibrant lives. By integrating the latest techniques and a multidisciplinary approach, we help patients reach their health goals, whether it’s running a marathon or simply enjoying daily activities pain-free.”

Serving a Growing Community

The move to Delray Beach has allowed Optimum Life Health Center to better serve their patients, providing a central location for individuals from Boca Raton, Boynton Beach, and beyond. The response from the community has been overwhelmingly positive, with families of all generations seeking care.

“The support and enthusiasm we’ve received from the community have been heartwarming. Patients are excited to experience care that truly goes beyond the norm, and we’re grateful to



Optimum Life Interior



Optimum Life Interior Front Desk



Chiropractic Adjustment - Optimum Life Health Center

help them achieve the healthiest versions of themselves,” says Dr. Haasseem.

Looking Ahead

As Optimum Life Health Center continues to grow, the team is committed to educating the community, improving access to innovative care, and helping patients achieve their health goals. Dr. Haasseem emphasizes:

“Health is multifactorial. With our expanded location, we can combine the best in spinal care, functional medicine, and stress management to guide our patients toward optimal health. This move represents our vision of creating a place where everyone can achieve their dream lifestyle.”

For more information or to schedule an appointment, visit Optimum Life Health Center <https://optimumlifehealthcenter.com/>

About Optimum Life Health Center:

Optimum Life Health Center specializes in Chiropractic BioPhysics, scoliosis management, neuropathy treatment, functional medicine, and holistic wellness. Their mission is to empower patients to live healthier, more fulfilling lives through personalized care and state-of-the-art treatments.

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