

Rational Resourcefulness Initiatives Promote Healthcare Outcomes; Olumuyiwa Bamgbade, Salem Pain Clinic BC Canada

Resourcefulness plays a crucial but underrated role in modern healthcare; it promotes efficiency, resilience, and sustainability. Dr. Olumuyiwa Bamgbade

SURREY, BC, CANADA, January 10, 2025 /EINPresswire.com/ -- Rational resourcefulness involves



Healthcare organizations should teach and promote rational resourcefulness to providers and clients to enhance efficiency and sustainability."

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innovative and effective strategies to optimize available resources to improve healthcare outcomes. Such initiatives are instrumental in a range of resource environments. The principles of rational resourcefulness were reiterated in a medical journal publication by Dr. [Olumuyiwa Bamgbade](#), the [Salem Pain Clinic](#), and a multinational scientific research team. The [peer-reviewed article](#) was published in the SVOA Medical Research journal in December 2024.

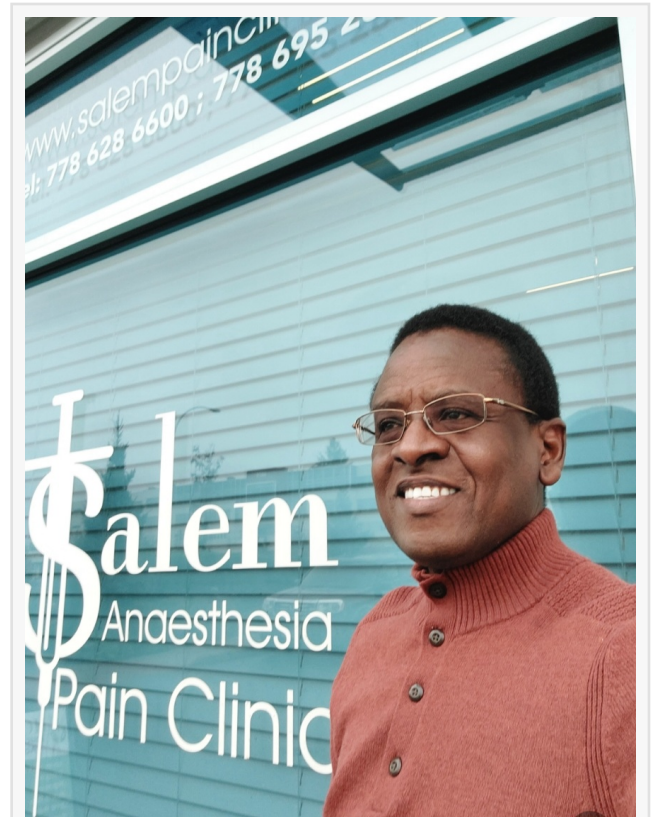
The journal article titled "Acute Lethal Hepato-Bronchial

Fistula: Emergency Perioperative Management Using Two Single-Lumen Endotracheal Tubes for Lung Isolation" presents a case study of a rare, acute, and life-threatening hepato-bronchial fistula in an adult patient. The patient required immediate surgical intervention, but intraoperative management was complicated by the unavailability of suitable double-lumen endotracheal tubes or bronchial blockers, which are typically employed for lung isolation procedures. To address this, the anesthesiology team innovatively utilized two small cuffed single-lumen endotracheal tubes to achieve lung isolation. The successful perioperative management of this emergency hepato-bronchial fistula case highlights the importance of adaptability and resourcefulness in critical healthcare scenarios.

Rational resourcefulness improves healthcare outcomes while maintaining sustainability and cost-efficiency. It reduces burdens on healthcare facilities and increases community access to healthcare. Resourcefulness-based strategy forges new pathways to sustainable and self-sustaining community positive health. It improves outcomes for patients with complex needs, reduces hospital readmissions, and optimizes resource use. Additionally, resourcefulness supports the health of working professionals and enhances societal productivity. It decreases stress and improves caregivers' performance. Indeed, it ensures workforce efficiency, timely

interventions, and efficient use of resources.

Rational resourcefulness emphasizes creativity, efficiency, and a pragmatic approach to achieving outcomes within resource constraints, which aligns well with the demands of modern healthcare. Therefore, healthcare organizations should teach providers to prioritize resources and make rational resourcefulness decisions under pressure. This will foster collaboration and creative problem-solving in resource-limited situations. Training future healthcare leaders in efficient workflow design and resource allocation is essential. This will encourage innovative thinking and resourcefulness in addressing healthcare challenges. Healthcare providers must adopt successful, cost-effective interventions and share practical strategies for navigating resource limitations in practice. This promotes cross-disciplinary understanding and flexible sensitivity toward equitable healthcare delivery.



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Dr. Bamgbade is an anesthesiologist and pain physician trained in Nigeria, Britain, the USA, and South Korea. He is an adjunct professor at institutions in Africa, Europe, and North America. He has collaborated with researchers in Nigeria, Australia, Rwanda, the USA, Kenya, Armenia, South Africa, Britain, Tanzania, Namibia, Iran, Zambia, Botswana, China, Ethiopia, Mozambique, Jamaica, and Canada. He has published 45 scientific papers in PubMed-indexed journals. He is the director of Salem Pain Clinic, a specialist and research clinic in Surrey, BC, Canada. Dr Bamgbade and Salem Pain Clinic focus on researching and managing pain, injury rehabilitation, neuropathy, insomnia, public safety, substance misuse, medical sociology, public health, medicolegal science, and perioperative care.

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