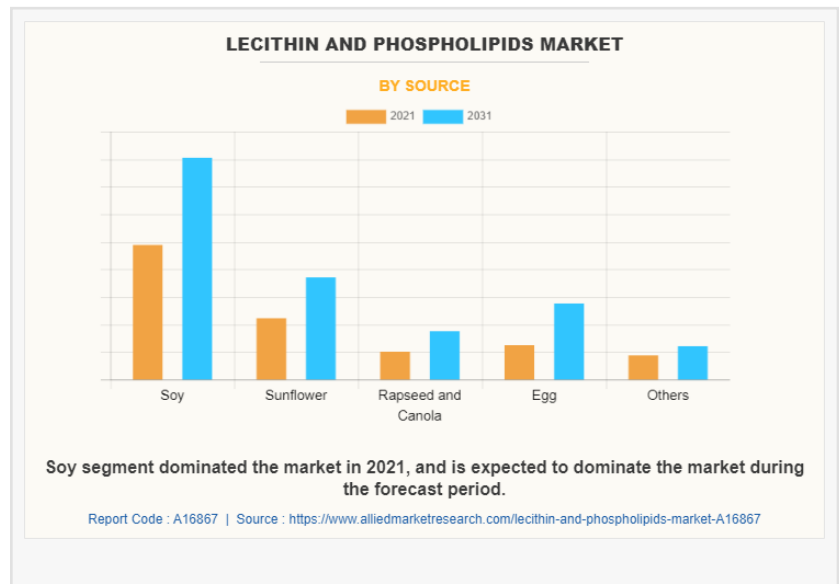


Lecithin and Phospholipids Market 2031: A Comprehensive Guide to Hits a CAGR of 5.6%

WILMINGTON, DE, UNITED STATES, January 13, 2025 /EINPresswire.com/ -- [Global Lecithin and Phospholipids Market Size](#) was valued at \$5.1 billion in 2021 and is estimated to reach \$8.8 billion by 2031, growing at a CAGR of 5.6% from 2022 to 2031.

Lecithin and phospholipids play an important role in the processing of food & beverage items, and they help improve the quality of the product add texture, and act as a food thickener. Food manufacturing companies are trying different combinations of emulsifiers in their food that would help increase the overall production. Therefore, rise in sales of packaged food is fueling the growth of the lecithin and phospholipids market.



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Lecithin is widely used in the food & beverages, feed, and pharmaceutical industry. It primarily functions as an emulsifier and dispersing agent. It is derived from the plant as well as animal sources. Plant-based sources include soy, rapeseed, canola, and sunflower, while animal-based sources majorly include eggs and red meat. Lecithin emulsifiers keep the blend of two impossible-to-mix liquids in a stable state. Increasing the shelf life of the end product has helped Lecithin and Phospholipids Market Demand grow over time.

Soy is one of the most widely grown crops in the U.S., with 94% of it genetically modified. Soy is a low-cost source of lecithin. To extract lecithin from soybean oil, chemicals such as acetone and hexane are used. However, lecithin derived from sunflower oil is becoming more popular, possibly due to the need to declare allergens in food. Sunflower lecithin is also an option for those who want to avoid genetically modified crops. The extraction process is typically more straightforward, using cold pressing rather than chemical solvents.

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The availability of ready-to-eat and processed food products such as ramen, meats, and dairy products in the market has attracted consumers for the past two to three decades. With time, packaged products are developing according to the market's demand and consumer necessities. Currently, consumers expect the best quality of food & beverage products offered by manufacturing companies. Pre-cooked or ready meals are incredibly convenient, less time-consuming, and cost-efficient, and less effort is required for meal preparation. The benefit has increased the Lecithin and Phospholipids Market Trends for ready meals, particularly among the working population and students.

An emulsifier is a significant ingredient used in binding a product's chemical compounds. Increased synthetic emulsifiers are hampering the Lecithin and Phospholipids Market Growth business since it has been related to gut inflammation in consumers due to long-term consumption. According to the National Center for Biotechnological Information, synthetic emulsifiers, such as polysorbate 80, promote bacterial translocation across the gut wall, intestinal inflammation, and metabolic syndrome. This raises the potential of dietary emulsifiers in illnesses such as coronary artery disease, source two diabetes, and Crohn's disease.

The key players profiled in this report include Cargill, ADM, DuPont, MCD Group BV., Bunge Limited, Stern-Wywiol Gruppe, Wilmar International Ltd., Sonic Biochem, Avril Group, American Lecithin Company, Vav Life Sciences Pvt Ltd., Sondrugestvo Group, Kewpie Corporation, Fisser Lecithin, and Lipoid GmbH.

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