

'Times of My Life' Virtual Biographer Empowers Survivors to Share Their Natural Disaster Stories

Personal stories of surviving the LA and Lahaina wildfires; hurricanes Helene and Milton, and other natural disasters, helps survivors to heal and move forward.

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/EINPresswire.com/ -- The [Times of My Life](#) Virtual Biographer is transforming

how survivors of natural disasters tell, preserve, and share their life-changing experiences. This innovative storytelling platform offers personalized interviews that guide individuals through recounting their journey—from the moments leading up to the disaster, through surviving the event itself, to rebuilding in its aftermath.

“

Our goal is to amplify the voices of people who have witnessed and survived a traumatic natural disaster, shining a light on the strength and resilience of the human spirit.”

Michael O'Donnell, Curator of Life Stories

[Surviving a natural disaster](#) is often a profoundly life-altering experience. By telling their stories, survivors not only help themselves heal but also inspire resilience, support, and empathy in others facing similar challenges. The Times of My Life Virtual Biographer provides a unique and compassionate space for survivors to process their experiences, transforming trauma into a source of strength and shared humanity.

“Telling your story can be incredibly therapeutic,” said Mike

O'Donnell, Curator of Life Stories at Times of My Life. “Survivors often find catharsis in revisiting their experiences and gratitude in recognizing the support of their family, friends, and community. Our goal is to amplify these voices, shining a light on the strength and resilience of the human spirit.”

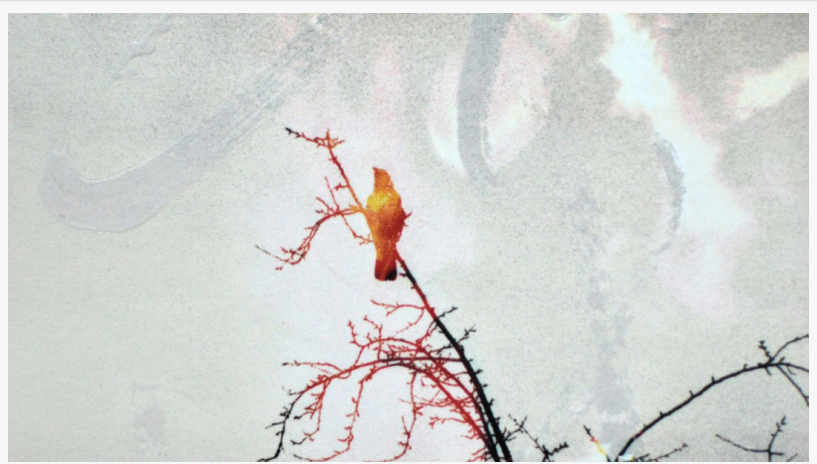
In recent years, catastrophic natural disasters such as the LA Wildfires, Hurricanes Milton and Helene, devastating floods, tornadoes, and earthquakes have reshaped lives and communities. The Times of My Life Virtual Biographer captures these stories to serve as a testament to the



Times of My Life Virtual Biographer

fragility of life, the power of community, and the importance of cherishing every moment.

By giving survivors a platform to share their experiences, Times of My Life hopes to inspire action, awareness, and understanding. Each story is a testament to human resilience and serves as a reminder of the enduring strength found in connection and support.



Surviving a Natural Disaster

For more information about Times of My Life Virtual Biographer and how to start sharing your story, visit <https://timesofmy.life>.

About Times of My Life

Times of My Life is one of a series of family heritage apps sponsored by [The Leaves Legacy Project](#), a Public Benefit Corporation. Times of My Life is dedicated to helping people preserve and share their most defining experiences through innovative storytelling platforms. From personal triumphs to collective challenges, our mission is to celebrate and document the moments that shape who we are.

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Michael O'Donnell
Leaves Public Benefit Corp
+1 877-557-8679

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