

Expert in Interventional Spine and Sports Medicine, Dr. Ron Ben-Meir Joins Alliance Orthopedics

Dr. Ben-Meir joins Alliance Orthopedics as a fellowship-trained expert in Interventional Spine and Sports Medicine.

UNION, NJ, UNITED STATES, January 21, 2025 /EINPresswire.com/ -- [Alliance Orthopedics](#) is proud to welcome [Dr. Ron Ben-Meir](#), DO, FAAPMR, a Board-Certified Physical Medicine and Rehabilitation Physician, to its esteemed team of orthopedic specialists. Dr. Ben-Meir, a fellowship-trained expert in Interventional Spine and Sports Medicine, brings over a decade of experience treating musculoskeletal and sports-related injuries for patients of all ages and skill levels.

Dr. Ben-Meir specializes in conservative, individualized treatment plans that address conditions such as neck and back pain, joint issues, and [sports injuries](#). His unique approach integrates physical therapy, yoga, acupuncture, and advanced non-surgical techniques, including ultrasound-guided and fluoroscopy-guided spine injections. He is also skilled in diagnostic procedures like musculoskeletal ultrasound and electromyography (EMG/NCS) to ensure precise assessments and targeted care.

“As a former Division I college football player at Texas State University, I understand the physical and mental toll sports injuries can have on athletes,” said Dr. Ben-Meir. “My goal is to help patients, whether competitive athletes or weekend warriors, regain their mobility and return to the activities they love—pain-free.”

Dr. Ben-Meir earned his Doctor of Osteopathic Medicine degree from Touro University in Vallejo,



Alliance Orthopedics Opens 8th Location in Union, NJ.

California. He completed his residency at The Mount Sinai School of Medicine and pursued a fellowship in Interventional Spine and Sports Medicine at Mount Sinai in Manhattan, New York. His combination of elite medical training and personal athletic experience provides him with a deep understanding of the challenges and solutions unique to sports and musculoskeletal injuries.

Alliance Orthopedics is excited to expand its comprehensive care offerings with Dr. Ben-Meir's expertise in non-surgical solutions for spine and sports injuries. Patients can expect the highest level of care as Dr. Ben-Meir works alongside Alliance Orthopedics' multidisciplinary team to create tailored treatment plans that promote long-term recovery and wellness.



Dr. Ron Ben-Meir joins Alliance Orthopedics

To schedule an appointment with Dr. Ron Ben-Meir or learn more about Alliance Orthopedics, visit allianceortho.com or call 877-532-7837.

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About Alliance Orthopedics:

Alliance Orthopedics is dedicated to providing exceptional orthopedic care with a patient-centered approach. Offering a wide range of services, from diagnostics to rehabilitation, the practice is committed to helping patients achieve optimal health and performance.

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