

# New Sensitive Soul Sanctuary Opens to Help Lightworkers, HSPs, and Empaths Thrive

*Former marketer finds her true calling, guiding sensitive souls on their journey of self-discovery and spiritual awakening.*

MADISON, WI, UNITED STATES, January 17, 2025 /EINPresswire.com/ -- To better support the unique needs of Empaths, HSPs, and Lightworkers, Soul Aligned Healing Academy has introduced a suite of new programs designed to help them navigate the challenges of modern life and embrace their gifts.

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As an HSP, I deeply understand the challenges of navigating this world. My goal is to create a safe and supportive sanctuary where sensitive souls can heal, grow, and embrace their unique gifts.”

*Andrea Demi, Founder of Soul Aligned Healing Academy*

Recognizing the growing need for specialized support for individuals with heightened sensitivity, Soul Aligned Healing Academy has introduced new programs designed to help Empaths, HSPs, and Lightworkers navigate the challenges of modern life and embrace their unique gifts.

The academy offers a new holistic approach to well-being, combining spiritual guidance with practical tools and

techniques. Clients can explore a range of services, including:

- Monthly Circle Calls: Connect with a community of like-minded souls during our 90-minute monthly circle calls. Experience live meditations, receive intuitive guidance, and have your questions answered in a supportive and nurturing environment.
- Transformative Spiritual Coaching: Personalized guidance to navigate spiritual awakenings, uncover life purpose, and develop healthy boundaries.
- Enhanced Reiki Energy Healing: Experience the profound healing and balancing effects of Reiki energy to release emotional blockages and cultivate inner peace
- Angel Oracle Readings: Receive higher guidance to help cultivate a deeper sense of self-love, following your intuition, and speaking your truth.

## About Soul Aligned Healing Academy

Drawing upon her own journey as an HSP, Andrea Demi, a Reiki Master, Psychic Medium, and Medicine Woman, founded Soul Aligned Healing Academy. This sanctuary provides a safe and supportive space for individuals to connect with their inner selves, heal past traumas, and

manifest their dreams.

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Andrea Demi, a Reiki Master and Spiritual Guide, helping sensitive souls reclaim their power and live a life of purpose.

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