

Relationship Experts Share New Approach for Overcoming the Valentine's Day Blues

For more than 14 years, the Martinos have helped thousands of people through live events and programs with their unique Relationship Development Methodology.

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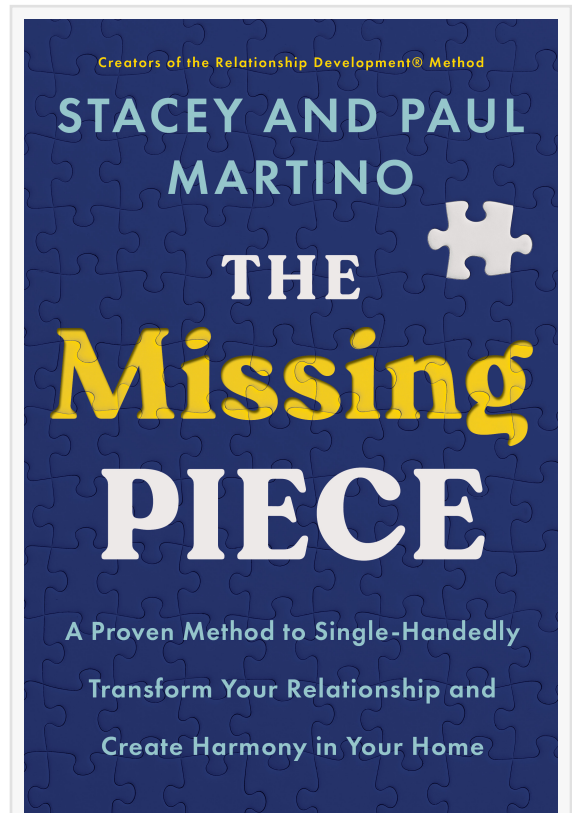
/EINPresswire.com/ -- After holding out hope for a romantic Valentine's Day, the disappointing reality over what their partner didn't do prompts many people to ask themselves, "Is this relationship enough for me?" And with the answer often comes an urge to try to talk their partner into couples counseling, hoping for the ultimate fix. Not so fast, say relationship experts Stacey and Paul Martino, who warn that all-too often, couples counseling does more harm than good.

"We have a completely contradictory approach to couples work, yet our results are unmatched," Stacey Martino said.

For more than 14 years, the Martinos have helped thousands of people around the world through live events and programs with their unique Relationship Development Methodology, which empowers just one person to transform a relationship — without compromise, without pleasing and without couples work.

And now, their groundbreaking method is accessible to everyone in their new book, [The Missing Piece: A Proven Method to Single-Handedly Transform Your Relationship and Create Harmony in Your Home](#).

"Our mission is to flip the switch on the disposable relationship paradigm we have been handed and make the future better for our kids than it was for us," Stacey Martino said. "We wrote this book because it is the solution I wish I had when my relationship was hanging by a thread."



Written in a relatable and actionable style, *The Missing Piece* is packed with practical tools and demonstrates how one person can begin to transform a relationship, without compromise and without having to convince their partner to get on board.

In *The Missing Piece*, the Martinos demonstrate why the old relationship paradigm is broken, why couples work is actually destructive, and how their norm-shattering one-person methodology can be easily learned by readers to empower them to single-handedly transform their marriages, put a stop to relationship kerfuffles and bring harmony back to their homes.

“Whether the reader wishes to make a great relationship even better, rescue a marriage on the brink of divorce or heal a co-parenting relationship affecting their family, this book has the perspective shifts they’ll need,” Paul Martino said.

Written in a relatable and actionable style, *The Missing Piece* is packed with practical tools and demonstrates how one person can begin to transform a relationship, without compromise and without having to convince their partner to get on board.

At a time when divorce rates are sky-high and families are unnecessarily suffering, *The Missing Piece* provides proven, powerful strategies to help readers navigate real-life situations harmoniously, regardless of what they are currently facing.

“Multiple publishers have informed us that there has never been a book published that promises a one-person relationship method before,” Stacey Martino added. “But this isn’t just a theory or idea. The Relationship Development Methodology has been proven by many students, over many years. Now it’s your turn to finally get the missing piece.”

About the Martinos

Stacey and Paul Martino have helped thousands of people transform their marriages, parenting and families — all by working with only one partner. The Martinos invented their Relationship Development Methodology and hundreds of proprietary tools to empower anyone to save their marriage, bring the passion back, eliminate fighting and bring harmony to their home. Their RelationshipU program had a 1% divorce rate in a 6-year study of student results.



Authors Stacey and Paul Martino



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Stacey Martino

For more information about their method and their current programs and events, please visit <https://relationshipdevelopment.org>, or follow them on Instagram (@staceymartinordo) and YouTube (@relationshipdevelopment).

The Missing Piece: A Proven Method to Single-Handedly

Transform Your Relationship and Create Harmony in Your Home

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