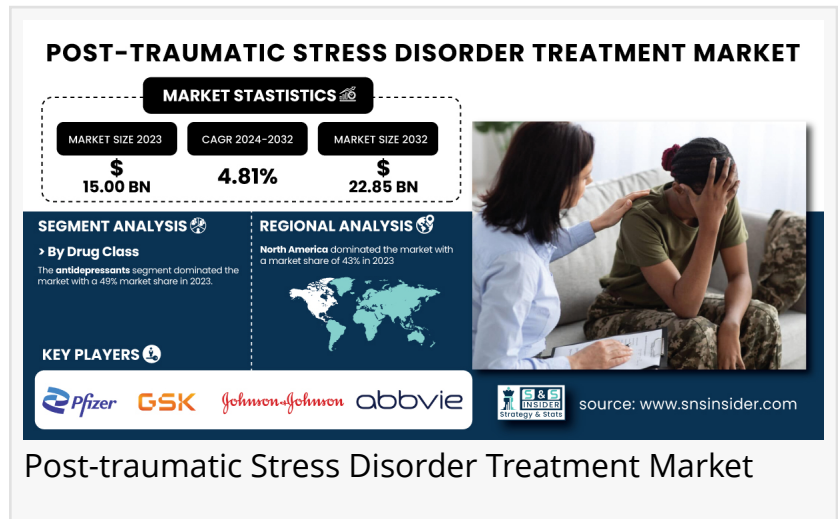


# Post-Traumatic Stress Disorder Treatment Projected to Reach USD 22.85 Billion by 2032, Growing at a CAGR of 4.81%

*Rising awareness, innovative therapies, and evolving treatment options drive this growth.*

AUSTIN, TX, UNITED STATES, January 24, 2025 /EINPresswire.com/ -- According to Research by SNS Insider, The [Post-Traumatic Stress Disorder Treatment Market](#) size was estimated at USD 15.00 billion in 2023 and is projected to reach USD 22.85 billion by 2032 at a CAGR of 4.81% during the forecast period of 2024-2032.



## Advancements in PTSD Treatment Drive Market Growth with Emerging Therapies and Increased Awareness

The Post-Traumatic Stress Disorder Treatment (PTSD) Market is growing swiftly because of increased awareness, improvements in treatment methods, and a rising acknowledgment of PTSD as a major public health concern. With the worldwide lifetime PTSD prevalence around 3.9%, the need for effective therapies is on the rise. Pharmacological methods, including selective serotonin reuptake inhibitors (SSRIs) such as sertraline and paroxetine, continue to be the main treatment, although novel therapies are beginning to appear. For instance, in March 2024, the FDA approved Otsuka Pharmaceutical and Lundbeck's brexpiprazole, in conjunction with sertraline, for the treatment of PTSD. Non-drug therapies, such as cognitive-behavioral therapy (CBT) and eye movement desensitization and reprocessing (EMDR), remain crucial. Moreover, psychedelic treatments, such as MDMA, are under investigation for their effectiveness in addressing severe PTSD, thus broadening treatment choices.

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## Key Players in Post-traumatic Stress Disorder Treatment Market

- Pfizer Inc. (Zoloft, Xanax)

- GlaxoSmithKline plc (Paxil, Wellbutrin)
- Eli Lilly and Company (Cymbalta, Prozac)
- Johnson & Johnson (Risperdal, Invega)
- Bristol-Myers Squibb Company (Abilify, Serzone)
- Otsuka Pharmaceutical Co., Ltd. (Rexulti, Abilify Maintena)
- Takeda Pharmaceutical Company (Trintellix, Dexilant)
- H. Lundbeck A/S (Lexapro, Brintellix)
- Viartis Inc. (Alprazolam, Duloxetine)
- Genentech (Activan, Valium)
- AbbVie Inc. (Ativan, Diazepam Injectable)
- Eisai Co., Ltd. (Halcion, Zonegran)
- Sun Pharmaceutical Industries Ltd. (Clonazepam, Lorazepam)
- Alkermes plc (Vivitrol, Aristada)
- AstraZeneca (Seroquel, Zyprexa)
- Forest Laboratories (Celexa, Lexapro)
- Teva Pharmaceutical Industries (Generic Paroxetine, Generic Sertraline)
- Novartis International AG (Clozaril, Tegretol)
- Medtronic (Neurostimulation Systems, Deep Brain Stimulation Devices)
- Jazz Pharmaceuticals (JZP150)

## Segmentation Analysis

### By drug class

In 2023, the antidepressants segment dominated the market with a 49% market share. This dominance is due to the high prescription rates and availability of FDA-approved antidepressants for the treatment of PTSD. All suggested treatments are considered effective, including selective serotonin reuptake inhibitors, SSRIs, such as sertraline, paroxetine, and fluoxetine, and the serotonin-norepinephrine reuptake inhibitor SNRI medication, venlafaxine.

Over the forecast period, the fastest growth in the other drug class segment is expected throughout the forecast period, across all therapy areas, exhibiting a CAGR of 6.6%, for all other drug classes. They comprise antidepressants, anti-anxiety medications, antipsychotics, alpha-1 adrenergic receptor antagonists, mood stabilizers, anticonvulsants, and glutamatergic drugs. The rising adoption of these alternative treatments because of the effectiveness demonstrated in treating different PTSD symptoms is projected to greatly impact the market growth in the forecast years.

### By Demographics

The adult segment dominated the market and accounted for 71% market share of the PTSD treatment market in 2023. This prevalence is fueled by the increasing prevalence of PTSD in adults. The American Psychiatric Association (APA) reports that each year 3.5% of U.S. adults suffer from PTSD. The lifetime prevalence among adolescents is also considerable, with an estimated 8% of 13- to 18-year-olds affected. Higher rates of PTSD are reported among ethnic

minorities such as Latinos, African Americans, and Native Americans/Alaska Natives which has led to health-care providers adopting culturally adapted interventions.

The geriatric segment is expected to be the fastest-growing segment in the market from 2024 to 2032, attributed to the high growth rate of the elderly population. The United Nations estimates that the number of people aged 65 and older worldwide will more than double by 2050. Older adults also have a greater susceptibility to PTSD, especially those over age 80, because they have lower psychological resilience, ongoing health conditions, and a history of trauma that may come back to haunt them. This demographic change is creating an increasing demand for specialized PTSD treatment designed for older patients.

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### Post-traumatic Stress Disorder Treatment Market Segmentation

#### By drug class

- Antidepressants
- Anti-anxiety
- Antipsychotics
- Other Drug Class

#### By Demographics

- Adult
- Children
- Geriatric

#### By Distribution Channel

- Hospital Pharmacies
- Retail Pharmacies
- Other Pharmacies

#### Regional Insights

North America dominated the market and accounted for 43% of the market share of the PTSD treatment market in 2023, remaining a significant region for mental health services. This prominence is supported by a greater understanding of the mental health impact of PTSD, as well as an increasing demand for effective therapies. Antidepressants, including both selective serotonin reuptake inhibitors (SSRIs) and non-selective types, are the most common medication, generally used in combination with antipsychotics and anti-anxiety medications to address the most severe symptoms. However, treatment is hampered by high healthcare costs and inconsistent insurance coverage, especially affecting older adults and uninsured people requiring long-term treatment for chronic PTSD.

The Asia-Pacific market is expected to register the fastest growth during the forecast period owing to the considerable investments in healthcare and a growing focus on mental health awareness. Countries like China and Japan are increasing their investment in mental health initiatives and improving access to therapies for post-traumatic stress disorder, or PTSD. Yet affordability remains a challenge in some areas, which would limit that care, despite these advancements.

### Recent Developments

- In June 2024, Otsuka Pharmaceutical Co., Ltd. and H. Lundbeck A/S announced that the U.S. Food and Drug Administration (FDA) had accepted their supplemental New Drug Application (sNDA) for brexpiprazole, in combination with sertraline, for review. This submission is supported by data from three randomized clinical trials that evaluated the safety and efficacy of this combination treatment for adults with post-traumatic stress disorder (PTSD).
- In December 2023, Jazz Pharmaceuticals revealed the top-line results of its Phase 2 trial (NCT05178316) of JZP150, a selective fatty acid amide hydrolase (FAAH) inhibitor, for the treatment of PTSD in adults. The trial was designed to assess the safety and efficacy of this investigational small molecule.

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