

Christie Hensler Reaches Amazon Best-Seller Status with 'Strength' Co-Authored with Kathy Ireland

MADISON, AL, UNITED STATES, January 24, 2025 /EINPresswire.com/ -- SuccessBooks® proudly celebrates the outstanding achievement of "Strength" co-authored with Christie Hensler, alongside Kathy Ireland and distinguished professionals worldwide. Launched on January 16th, 2025, the book has achieved Amazon Best-Seller status, marking a significant milestone in its journey.

Strength has achieved remarkable success, earning Best Seller status on Amazon and reaching top positions across multiple categories. This milestone reflects the book's exceptional ability to inspire and empower individuals, solidifying its place as an indispensable resource for growth and success.

At the heart of "Strength" is Christie Hensler's chapter, "The Gift of Adversity." Christie shares how her darkest moments became the foundation for profound transformation, chronicling a raw and honest journey through mental health challenges and life's toughest obstacles. Her story reveals how embracing our struggles can unlock the best version of ourselves and create a life of purpose.

Meet Christie Hensler:

Christie Hensler has never sought a "normal" life. From an early age, she set her sights on leadership and making an extraordinary impact, determined to defy societal expectations of degrees, stable jobs, and traditional success. Her path has been far from conventional—marked by obstacles, hard-earned victories, and opportunities that emerged from seemingly insurmountable struggles.

After battling significant mental health challenges, Christie and her family made the bold



Best Selling Author - Christie Hensler

decision to sell everything they owned, buy an old RV, and embark on a life-altering journey across the United States. This transformative adventure allowed them to rebuild their lives from the ground up, launch a thriving business, and inspire countless others along the way.

In her book *Life Hacks for Hard Times*, Christie shares the transformative strategies that helped her emerge from life's darkest moments stronger than ever. With raw honesty and hard-won wisdom, she offers readers a powerful guide to navigating their own challenges and finding hope and strength during their most trying times.

As a dynamic speaker, certified coach, and DISC consultant, Christie connects with her audience through authenticity and passion. Her interactive and engaging style leaves a lasting impression, providing clients with the clarity and confidence they need to overcome obstacles and create a clear path forward.

Christie values authenticity over accolades and thrives on real connections and meaningful moments. Her infectious sense of humor and light-hearted approach to life serve as a reminder to not take everything too seriously. She is married to her best friend, Matt, and together they are raising three daughters, teaching them how to face life's challenges with resilience and intention.

When she's not writing, speaking, or coaching, Christie enjoys tending to her houseplants, exploring local coffee and pottery shops, and cheering on her favorite football teams. While she may fall asleep during movies, she's wide awake and fully engaged when it comes to the game.

Christie's life motto is simple yet impactful: Be competent. Be consistent. Be courageous.

Connect with Christie Hensler:

- Website: www.christiehensler.com
- LinkedIn: www.linkedin.com/in/christiehensler

To order your copy of "Strength" please visit [HERE](#).

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