

Dr. Tangie R. McDougald's Therapist Unmasked Launches at Masquerade Gala Honoring Resilience and Transformation

February 1, 2025 – A Night of Resilience, Transformation, and Celebration

HARTFORD, CT, UNITED STATES, January 28, 2025 /EINPresswire.com/ -- Dr. Tangie R. McDougald, alongside her esteemed co-authors, is proud to announce the official launch of their powerful new book, *Therapists Unmasked: True Stories of Resilience, Transformation, and Breaking Barriers Beyond a Diagnosis*. This highly anticipated release promises to inspire readers with raw, authentic narratives of perseverance and triumph, offering a deeper look at the human experience beyond the lens of mental health diagnoses.

To celebrate this monumental occasion, Dr. McDougald is hosting The Ultimate Therapists Presents: Masquerade of Triumph and Tribute on February 1, 2025, from 6 PM to 11 PM at Artists Collective, Hartford, CT. This exclusive, formal event will serve as a tribute to resilience, transformation, and breaking barriers in the mental health field.

The Masquerade Gala promises an unforgettable evening filled with:

- Inspiring Speeches and Tributes from Dr. McDougald and the book's co-authors.
- Networking Opportunities with leading professionals and advocates in mental health and wellness.
- Entertainment, Fine Dining, and Celebration, all in a stunning masquerade setting.

The book *Therapists Unmasked* offers a compelling look into the lives of therapists who have themselves navigated life's greatest challenges, making it a must-read for anyone seeking hope, transformation, or a deeper understanding of resilience.



Flyer

Book Purchase:

Therapists Unmasked is now available for purchase at iamtangie.kartra.com/page/DrTangie.

Event Tickets:

Tickets for the Masquerade of Triumph and Tribute can be secured at

<https://iamtangie.kartra.com/page/gala>.

Don't miss this one-of-a-kind opportunity to celebrate triumph over adversity while connecting with changemakers in mental health and personal development.

About Dr. Tangie R. McDougald:

Dr. Tangie R. McDougald is a visionary therapist, author, and advocate dedicated to breaking barriers in mental health care. With a career rooted in empowering others, she continues to inspire through her leadership, education, and transformative storytelling.

For more information about the book or gala, please contact theutbsummit@gmail.com

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