

Debbie Compton of The Purple Vine Recently Featured on Close Up Radio

OKLAHOMA CITY, OK, UNITED STATES, February 5, 2025 /EINPresswire.com/ -- According to Senior Living, approximately 53 million U.S. adults were caring for older relatives, spouses, friends, or neighbors in 2024. In response to the increasing demand, Debbie Compton, the visionary founder of The Purple Vine, is proud to announce her dedicated advocacy and coaching services tailored for family caregivers who are facing the challenges of caring for loved ones.

Debbie's journey into the world of care giving advocacy began with personal experiences that shaped her understanding and expertise. From simultaneously balancing a full-time career while caring for parents with

vascular dementia and Parkinson's, to managing the complexities of her mother-in-law's Alzheimer's, Debbie transformed her challenging experiences into a mission of support for others facing similar situations.

"During my care giving journey, I realized there were so many things I didn't know, especially when handling sudden healthcare emergencies," Debbie recalls. "From Dad mistakenly taking Mom's medication to realizing my mother-in-law's Alzheimer's severity during a snowstorm incident, these experiences taught me the importance of preparedness and understanding."

The Purple Vine was born from Debbie's conviction to bridge the knowledge gap for family caregivers. Through personalized coaching and resource sharing, Debbie empowers caregivers with tools and strategies to improve the quality of life for their loved ones and themselves. Her services include:



- **One-on-One Consultations:** Through private Zoom sessions, caregivers can discuss their specific issues, enabling Debbie to offer practical solutions, resource referrals, and provide a much-needed empathetic ear.
- **Educational Resources:** Debbie has authored several books like “Caregiving, How to Hold On While Letting Go” and “The Caregiver’s Advocate,” offering actionable steps and strategies to navigate caregiving.
- **Workshops and Trainings:** Debbie hosts workshops and speakers’ sessions focused on educating and fostering a supportive community for caregivers.
- **Weekly Newsletters and Blogs:** These resources offer stress reduction techniques, the latest in caregiver support tools, and uplifting stories designed to bolster caregivers’ resilience.

A particularly significant initiative, “The Caregiver’s Advocate,” saw Debbie gather 20 contributors from four different countries to share global insights and strategies on caregiving—underscoring that dementia is a worldwide issue requiring collective solutions. The book became a bestseller, hitting number one across multiple categories and countries, highlighting the pressing need for this information.

Debbie emphasizes the importance of creativity and innovation in caregiving solutions. Inspired by her experience with creating a homemade bed alert system and door safety measures, she realized the potential for these ideas to help other caregivers worldwide. Her blog and newsletter are filled with similar practical tips that caregivers can implement immediately.



Navigating family dynamics is another critical focus for The Purple Vine. Debbie has successfully mediated challenging familial situations, transforming misunderstandings into supportive networks for better collective care giving.

Debbie's services also extend to artistic endeavors that promote cognitive function and emotional wellbeing:

- Adult Coloring Books for Dementia Patients: Such as "Color Me Calm" and "Faith Lives Here," designed to encourage creativity and provide a relaxing, stress-relieving activity for both patients and companions.
- Mindfulness and Encouragement Materials: Including "Sonshine for the Soul," a collection of stories designed to elicit joy and companionship, adaptable for any reader's pace and comprehension.

In addition to traditional caregiving roles, Debbie is expanding resources to address special needs populations with products like the "Life Under the Sea, Writing, Coloring, and Activity Book" tailored for cognitive development in children with special needs.

Debbie Compton works hard to make caregiving a less isolating, more manageable experience. The Purple Vine stands as a beacon of hope and a resourceful guide for the millions of families thrust into caregiving roles without prior preparation.

About The Purple Vine:

Founded by Debbie Compton, The Purple Vine is committed to providing advocacy, education, and support for family members caring for their loved ones. Through personalized coaching, educational materials, and community engagement, The Purple Vine empowers caregivers to navigate their challenging roles with confidence and empathy.

Close Up Radio recently featured Debbie Compton in an interview with Jim Masters on Thursday, January 30th at 3pm EST

[Listen to the Podcast](#)

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For more information about The Purple Vine's services or to schedule a consultation with Debbie Compton, please visit www.thepurplevine.com/

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