

# Author Karen Frank Barney Recently Featured on Close Up Radio

SAINT LOUIS, MO, UNITED STATES, February 10, 2025 /EINPresswire.com/ -- Renowned author and occupational therapist, Karen Frank Barney, is excited to announce the second edition of her book, "Occupational Therapy with Aging Adults: Promoting Quality of Life through Collaborative Practice." The new edition delves into the intricacies and nuances of occupational therapy for aging adults. As a trailblazer in the field, Barney has consistently championed innovative, practical solutions catering to the unique needs of individuals aging past 30 years, when functional decline typically begins. This latest edition reflects years of research, experience, and insights to empower both aging adults and care providers.



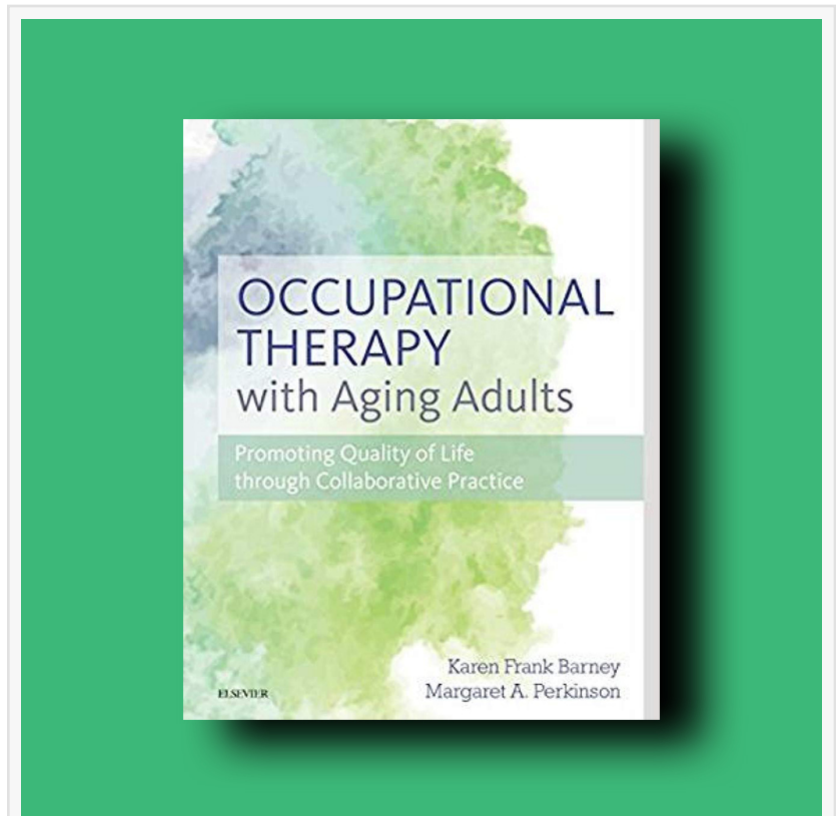
This second edition, including two co-editor and 82 international authors, promises to expand on and explore the ever-evolving landscape of occupational therapy. Equipped with practical advice, illustrative guides, and relevant examples, the new edition serves as both a manual and an inspiration for those wishing to optimize the living environments and experiences of older adults.

Karen Frank Barney works hard to advocate for and educate others about the changes in function many older adults experience. With particular attention to everyday environmental adjustments—such as architectural features, lighting, furnishings, and storage—Barney shares simple yet effective modifications to enhance safety and comfort. Through thoughtful redesigns, like lighter interiors and ergonomic fittings, Barney's work emphasizes usability in living spaces, highlighting adjustments not just in aids, like lever door handles, but also proposing safer solutions with flooring and storage.

The launch of the second edition is also marked by Barney's excitement over hosting a reception to celebrate the book's release. The event will serve as a platform to acknowledge her collaborative team, including Margaret A. Perkinson, a medical anthropologist and Fellow in three national associations, and Debbie Laliberte-Rudman from the University of Western Ontario. Laliberte-Rudman, a distinguished scholar in occupational therapy, is anticipated to significantly contribute to future editions. Karen mentions optimistically, "This is likely my last edition, but I take comfort in passing the baton to an outstanding scholar like Debbie, whom we're so fortunate to have."

Barney sheds light on the broad-reaching challenges faced by older adults, extending from physical deterioration to societal ageism. Her discourse includes practical suggestions, such as deploying nightlights for safety, addressing mobility aids, and advising on optimal kitchen design that minimizes fall-risk and strain. She touches upon sensitive topics, like how burns can disproportionately adversely affect older adults, thus underscoring the importance of preventative design strategies.

An essential aspect of Barney's advocacy extends to psychotherapy and emotional support, particularly in sensitive areas such as hospice care. Her approach is holistic, focusing on meaningful activities that can continue to enrich lives, even in final stages. She illustrates how occupational therapists assist older adults to compiling precious memories and helping them share personal narratives, ensuring they leave a lasting impact with dignity



and love.

Barney's insights are not confined to the aging population, but also extend to marginalized communities, including aging persons incarcerated and new releases from prison systems. Her commitment to fostering environments rich with meaningful opportunities aligns with her vision for an inclusive, balanced society.

With the second edition hitting the shelves, Karen Frank Barney's contribution serves as a pivotal compass for those working toward a future where elder care is neither an afterthought nor a mere obligation, but a cherished responsibility founded on respect and knowledge.

### About Karen Frank Barney

Karen Frank Barney is a distinguished author and occupational therapist specializing in the dynamics of aging. With decades of expertise, she is committed to advancing knowledge and empathy in therapeutic practices for older adults. Barney's publications are regarded as essential resources for both students and professionals in the field, contributing to the betterment of lives through meticulous assessment, intervention, and innovative design.

Close Up Radio recently featured Karen Frank Barney in an interview with Doug Llewelyn on Tuesday February 4th at 2pm Eastern

#### [Listen to the Podcast](#)

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"Occupational Therapy with Aging Adults" is available on Amazon at

<https://www.amazon.com/dp/0323877982/>

To learn more about Karen, please visit <https://www.slu.edu/doisy/faculty/barney-karen.php/>

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