

# Holistic Path by Paula Announces Website Launch and Inaugural Cerrada Ritual Workshop

*Join Holistic Path by Paula's launch featuring ancient Cerrada Ritual. Transform your life through this experience. May 10, Auckland.*

AUCKLAND, NEW ZEALAND, February 12, 2025 /EINPresswire.com/ -- [Holistic Path by Paula](#) proudly announces the launch of its new online platform and community dedicated to authentic, mindful living. To mark this significant milestone, the organization will host an exclusive Cerrada Ritual workshop, introducing this powerful ancestral practice to Auckland's wellness community.



The Cerrada Ritual, a sacred ceremony blending Mexican and Oriental traditions, offers participants a transformative experience focused on closing emotional, physical, and energetic cycles. This ancient practice provides a unique opportunity for individuals to release what no longer serves them while welcoming new beginnings in their lives.

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*Paula Vasquez*

“The Cerrada Ritual represents the essence of what Holistic Path by Paula stands for - authentic transformation and deep connection with ancestral wisdom,” says [Paula Vasquez](#), founder and lead facilitator. “We're excited to share this powerful practice with our community as we

launch our digital platform.”

Event Details:

- Date: May 10, 2025
- Time: 9:00- 1:00 PM

- Location: 5A Karaka St., Auckland
- Duration: 4 hrs workshop

Registration:

[www.holisticpathpv.com](http://www.holisticpathpv.com)

The ritual incorporates traditional elements including:

- Sacred space creation
- Use of essential oils
- Work with the rebozo (traditional Mexican textile)
- Deep body awareness practices

While particularly meaningful for those who have experienced pregnancy and childbirth, the workshop welcomes all individuals seeking to connect with their creative potential and inner power, regardless of gender or life experience.

Registration for this transformative workshop is now open at <https://yogaconpaula.com/>. The website also features resources on holistic living, community forums, and information about upcoming events and workshops.

For media inquiries, please contact:

Holistic Path by Paula

Website: <https://yogaconpaula.com/>

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