

# Rehabs America Publishes Online Resource of Rehabs that Accept Optum Insurance

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Lake Forest, California – Rehabs America, an independent organization that simplifies finding mental health and addiction treatment, is happy to announce that it has recently published a new resource section in its online directory that lists nationwide rehabs that accept Optum. The new resource provides individuals seeking recovery from addiction with the opportunity to access necessary treatment without overwhelming financial stress.

Optum insurance coverage is designed to support a range of essential services, which could include outpatient and inpatient treatment, support groups, detoxification programs, and mental health care. This comprehensive approach helps ensure that people not only address their substance use issues but also any co-occurring mental health conditions that may exist.

“The importance of having insurance when seeking addiction treatment cannot be overstated, as the costs associated with rehab could be significant,” said a spokesperson for Rehabs America.

“By utilizing Optum insurance, individuals might find themselves benefiting from reduced out-of-pocket expenses, which makes the journey to recovery more attainable.”

Trusted by thousands of individuals who have found recovery options through the platform, Rehabs America provides a range of facilities and programs that accept Optum insurance. These include:

**Pet-friendly Rehab:** This unique approach to treatment not only alleviates anxiety but also fosters a sense of companionship during the recovery process, enhancing motivation and emotional healing. Rehab centers for pet-friendly Rehab adopt a blend of evidence-based therapies and holistic practices aimed at addressing the multifaceted nature of addiction.

**Residential Rehab:** A structured environment designed to facilitate recovery from various types of addiction, including substance use disorders, alcohol dependence, and behavioral addictions. These rehab centers provide comprehensive treatment programs tailored to the unique needs of individuals. Typically, they focus on treating addictions to drugs like opioids, stimulants, and alcohol, among others.

**Sober Living Home:** Sober Living Homes serve as a crucial bridge in the recovery journey for individuals struggling with substance abuse. These residences specifically cater to a wide array of addictions, including alcoholism, opioid dependency, and other substances that can lead to harmful behaviors. The treatment approach within these homes emphasizes a structured, supportive environment where residents can focus on rebuilding their lives post-detoxification.

“Understanding the specific benefits of Optum insurance could enhance your recovery journey, as many facilities may offer tailored services that align with your unique needs. With a focus on holistic healing, having the right coverage may serve as a critical stepping stone toward a healthier lifestyle,” continued the spokesperson for Rehabs of America.

Rehabs of America encourages individuals with any questions about its services or about any of the facilities featured in its listings to call (888) 899-5552 today to speak to an expert member of its team.

#### About Rehabs America

Rehabs America is an independent organization that simplifies finding mental health and addiction treatment. With comprehensive profiles of over 30000 rehab centers, including insurance coverage, pricing, photos, reviews, and more, Rehabs of America makes finding the route to recovery easy.

#### More Information

To learn more about Rehabs America and its new resource section in its online directory that lists nationwide rehabs that accept Optum, please visit the website at <https://rehabsamerica.com/>.

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