

# The Joint Chiropractic in Glendale Invites Community to Free Spine and Posture Day

*Free Spine & Posture Day at The Joint Chiropractic, Glendale, CA. Feb 17, 2025, 10AM-1:30PM. No appt needed. Learn about spinal health!*

GLENDAL, CA, UNITED STATES, February 13, 2025 /EINPresswire.com/ -- [The Joint Chiropractic](#), located in the heart of Glendale at 350 N Glendale Ave, Ste A, Glendale, CA 91206, is excited to announce a community health initiative. On Monday, February 17, 2025, from 10:00 AM to 1:30 PM, we will host a Free Spine and Posture Day to promote spinal health awareness and wellness in our community.

This special event is designed to educate Glendale residents about the importance of spinal health and proper posture. Our team of experienced chiropractors and wellness coordinators will offer free spinal assessments and posture evaluations to help individuals understand their spinal health better and learn how to maintain or improve it.

## Event Details:



Our goal is to make chiropractic care accessible and to educate our community on how spine health impacts their daily lives"

*Adam Campos*

Date: Monday, February 17, 2025

Time: 10:00 AM - 1:30 PM

Location: The Joint Chiropractic, 350 N Glendale Ave, Ste A, Glendale, CA 91206

Services: Free Spinal Assessments, Posture Evaluations, and Health Consultations

Participants will have the opportunity to:



Learn about the signs of spinal misalignment  
Receive tips on maintaining good posture  
Discover how [chiropractic care](#) can benefit overall health  
Ask questions to our expert chiropractors in a no-pressure environment

No appointment is necessary, and this event is open to all ages. It's an excellent opportunity for students, office workers, athletes, and anyone interested in enhancing their quality of life through better spinal health.

"Our goal is to make chiropractic care accessible and to educate our community on how spine health impacts their daily lives," said Adam Campos, Clinic Director at The Joint Chiropractic in Glendale. "We believe that everyone should have the chance to explore how chiropractic care can improve their well-being."

The Joint Chiropractic is known for its commitment to providing convenient, affordable, and effective chiropractic care without the need for appointments or insurance hassles. This Free Spine and Posture Day is part of our ongoing efforts to foster a healthier community.

For more information about the event, or to learn more about The Joint Chiropractic, please visit <https://www.thejoint.com/california/glendale/glendale-north-31027> or call (818) 242 6001.

About The Joint Corp. (NASDAQ: JYNT)

The Joint Corp. revolutionized access to chiropractic care when it introduced its retail healthcare business model in 2010. Today, it is the nation's largest provider of chiropractic care through The Joint Chiropractic network. With more than 900 locations nationwide, The Joint Chiropractic is making quality care convenient and affordable for patients seeking pain relief and ongoing wellness. Our vision is to become the leading provider of chiropractic care in the U.S.

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