

Stillwater Wellness Uncovers its Orange County Alcohol Rehab to Help Couples Recover and Reconnect This Valentine's Day

The Couples Alcohol Rehab program in Orange County offers specialized support for couples struggling with addiction, emphasizing healing.

LAKE FOREST, CA, UNITED STATES, February 11, 2025 /EINPresswire.com/ -- Still Water Wellness Group, a leader in integrated behavioral health treatment, is proud to announce its specialized Couples Alcohol Rehab in Orange County. This innovative program is designed to support couples on their journey to recovery from alcohol addiction, emphasizing healing, reconnection, and the building of a stronger, healthier relationship.



Still Water Wellness Has Unique Amenities for its Patients

As Valentine's Day approaches, the focus on relationships becomes more pronounced, making it



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Clint Kreider

an ideal time for couples struggling with alcohol dependency to seek help. Still Water Wellness's unique program addresses not only the physical aspects of addiction but also the emotional and psychological impacts on relationships.

"Our Couples Alcohol Rehab program is tailored to meet the specific needs of partners facing the challenges of alcohol addiction together," said Clint Kreider, Clinical Director at Still Water Wellness. "We provide a

comprehensive approach that includes the treatment of co-occurring disorders and trauma-informed care, ensuring that each individual's needs are met while fostering an environment conducive to mutual healing."

The program offers a blend of individual therapy, couples therapy, and group sessions, allowing participants to explore the roots of addiction, understand its triggers, and develop healthier coping mechanisms. This approach is complemented by Stillwater Wellness's commitment to trauma-informed care, recognizing that many struggling with addiction have past experiences of trauma that affect their current behaviors and relationships.

Couples enrolled in the Still Water Wellness <u>alcohol rehab in Orange</u> County, California benefit from the expertise of seasoned therapists specializing in addiction and relationship dynamics. The serene setting of the Orange County facility provides a peaceful backdrop for recovery, where couples can remove themselves from daily stressors and focus entirely on their rehabilitation journey.



Still Water Wellness Offers Top Facilities for Rehab



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Choosing Still Water Wellness means access to top-notch medical care, innovative therapy techniques, and a supportive community. The center's commitment to long-term recovery involves continuous follow-up and support, ensuring that couples have the tools they need to maintain their sobriety and nurture their relationship post-rehab.

For more information about <u>Still Water Wellness Group - Alcohol & Drug Rehab, Orange County</u> or to schedule a confidential consultation, visit <u>www.stillwaterwellness.com</u> or call +1 866-923-2216 today.

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