

# This BC Family Day, Experience Nature's Spring Migration with the BC Bird Trail

*Families Invited to Discover Bird-Watching Hotspots Across the Lower Mainland and Vancouver Island*

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[/EINPresswire.com/](https://EINPresswire.com/) -- This BC Family Day (February 17), families across the Lower Mainland and Vancouver Island are invited to connect with nature and experience the incredible phenomenon of spring migration. The [BC Bird Trail](#) offers curated resources and birding locations for families to explore and discover the diverse wildlife that calls British Columbia home.

The logo for "THE BC BIRD TRAIL" is displayed in a large, black, serif font. The words "THE", "BC BIRD", and "TRAIL" are stacked vertically, with "BC BIRD" being the largest and most prominent.

Spring migration marks the start of a dynamic natural event, as thousands of birds begin their seasonal journeys across the province. Bird-watching is an engaging, low-cost activity that offers families an opportunity to bond while learning about BC's ecosystems and wildlife. With its family-friendly birding hotspots, the BC Bird Trail makes it easy for everyone—from novice to experienced birders—to enjoy the natural beauty of the region.

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*Kirsten Ovstaas, BC Bird Trail  
Project Manager*

Families can enjoy birding at these accessible and engaging locations, each offering unique features to spark

curiosity:

George C. Reifel Migratory Bird Sanctuary (Delta, BC): Easy walking paths, bird feeding stations, and educational signage for families with young children.

Great Blue Heron Nature Reserve (Chilliwack, BC): Interactive programs and scenic boardwalks ideal for learning about herons and local wildlife.

Stanley Park (Vancouver, BC): Diverse ecosystems and family-friendly programs paired with proximity to the Vancouver Aquarium.

Boundary Bay Regional Park (Delta, BC): Known for bird blinds, guided tours, and conservation education.

Tofino and Ucluelet (Vancouver Island): Year-round birding opportunities combined with family-friendly beachcombing activities.

North Island Wildlife Recovery Centre (Errington, BC): Educational tours focused on wildlife recovery and bird care.

Maplewood Flats Conservation Area (North Vancouver, BC): Kid-friendly workshops, nature walks, and ecosystem exploration.

Goldstream Provincial Park (Langford, BC): Renowned for winter bird-watching and the soon-to-reopen Nature House in March.

“Spring migration is a spectacular event and an unparalleled opportunity for families to connect with nature. From serene walks to exciting sightings of rare species, bird-watching is a fun and enriching activity for all ages,” said Kirsten Ovstaas, Project Manager with the BC Bird Trail “We are providing helpful tools to guide new birders, including a Beginner’s Guide to Birding, Top Birding Hotspots, and Tips for Birding with Kids to ensure families can make the most of their Family Day adventure. ”

Families can start their bird-watching journey today by visiting the BC Bird Trail website at [bcbirdtrail.ca](http://bcbirdtrail.ca), where they’ll find detailed itineraries, tips, and resources to plan the perfect outing.



Family Friendly Birding with BC Bird Trail

### About the BC Bird Trail

Launched in September 2020, the BC Bird Trail is a leading resource for birdwatching information across British Columbia. Whether you’re a novice birder or a seasoned enthusiast, the BC Bird Trail offers comprehensive information on attractions, activities, and accommodations while promoting sustainability, mindfulness, and conservation. The program is funded by Destination BC and supported by partners including Birds Canada, Indigenous

Tourism BC, and Tourism Richmond.

For more information, visit [bcbirdtrail.ca](http://bcbirdtrail.ca).

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