

# Energy Healer and Intuitive Medium Donna McGrath Recently Featured on Close Up Radio

NEW YORK, NY, UNITED STATES, February 14, 2025 /EINPresswire.com/ -- In 1982, Donna McGrath, former NIH Molecular Biologist and Medical Technologist (ASCP certified) was invited to The Reagan White House for her ground-breaking work on sickle-cell anemia, which was featured in TIME, Newsweek, API, UPI, The New York Times, and The Wall Street Journal and The New England Journal of Medicine.

Later, in 1994, following tragic deaths of close family members, and overwhelmed by grief, she turned inward to meditation, which sparked a transformative spontaneous out-of-body mystical experience. This cosmic journey allowed her to connect with higher God consciousness and expand her understanding of life, healing and ultimately revealing the keys to healing all dis-eases.

Afterwards, she was divinely gifted with clairvoyance, clairsentience, clairaudience and the ability to perform in-depth spiritual psychology counseling sessions and long-distance quantum energy healing sessions, which created numerous miraculous healings worldwide.

As seen on CNN, Donna is a gifted Master Energy Healer and Intuitive Medium and who has helped over 60,000 clients overcome a plethora of emotional and dis-ease states and facilitates miracle healings from The Other Side.

## Total Body Healing

Donna McGrath says that in order to heal totally, that healing must be accomplished on ALL levels: the physical, emotional, mental, and spiritual levels. She became a Reiki Master, Master Hypnotherapist, and is adept at Spiritual Response Therapy, Muscle Kinesiology, Nutritional

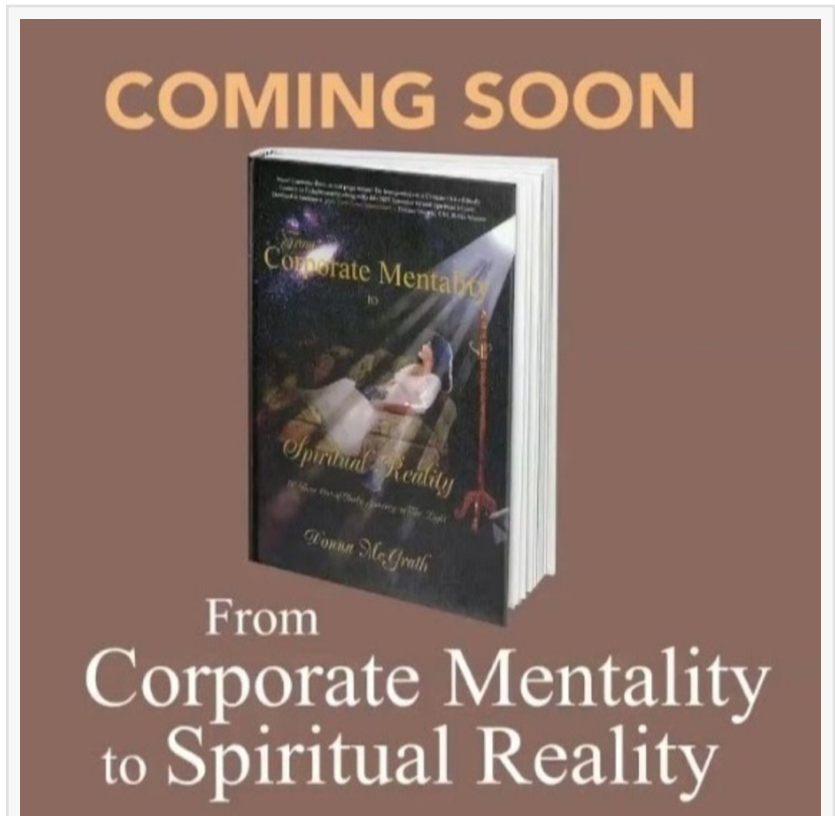


Supplementation, Integrated Energy Therapy, Emotion Code and several additional healing modalities. She then integrated these multiple modalities into her own unique method called Positive-Negative Replacement Therapy, (PNRT) which is an emotional self-healing method that can be used on the self, as well as to enhance interpersonal communication skills. Her services include medical intuitive readings and healings, energy channeling, and holistic health consultations, all designed to promote healing on multiple levels.

### New Book Release

In February, Donna McGrath will release her much-anticipated book, "From Corporate Mentality to Spiritual Reality: A True Out-of-Body Journey to Enlightenment." The book captures her transition from a conventional career in medicine and science to becoming an enlightened master energy healer. It documents her spiritual awakening journey and provides insights into her personal transformational journey, serving as a guide for anyone seeking spiritual and personal transformation.

McGrath plans to continue sharing her gifts through workshops, seminars, and the release of her next book, "Miracles of Total Body Healing: True Cases of Miracle Healings from the Files of a Master Energy Healer", which documents at least twenty verified miracle healings and serves as a beacon of hope to those experiencing infectious diseases, as well as chronic diseases on a large scale. She remains committed to helping individuals around the world achieve holistic wellness and ultimately, spiritual enlightenment.



## About Donna McGrath

Donna McGrath is a certified Reiki Master, Master Hypnotherapist, Spiritual Psychologist, Ordained Minister, Neurolinguistic Programming Master, and Master Muscle Kinesiologist. Her services include intuitive readings, channeled healing meditations, and holistic health consultations, all designed to promote healing on multiple levels.

Donna McGrath is a certified Reiki Master, spiritual psychologist, master hypnotherapist, and practitioner of various healing modalities.

Close Up Radio recently featured Donna McGrath in an interview with Jim Masters on Monday, February 10th at 2pm EST

### [Listen to the Podcast](#)

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For more information about Donna McGrath, please visit <https://donnamcgrath.com/>

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# Total Body Healing:

*From Molecular Biologist to Master Energy Healer*

**An Interview with Donna McGrath**



**How did you transition from being a Molecular Biologist to a Master Energy Healer and Medical Medium?**  
I worked as a Molecular Biologist at the NIH contributing to groundbreaking research, but a series of profound personal losses in 1994 changed everything. My cousin's son tragically died, followed by my aunt's murder. As I was grieving, I turned to meditation, which opened the door to spirituality. One night, while reading *The Celestine Prophecy*, my house filled with light, and I had an extraordinary out-of-body experience. I traveled through realms, met enlightened beings, and received profound insights about creation and healing. One of the reasons I do the work I do now is because I realized the power of that light that filled my house—it's a soft, beautiful power, the power of love. In my work, I call upon that energy, overlay it, and send it to people as a conduit of healing.

**Can you describe what happens during a healing session with you?**  
Healing sessions address the physical, emotional, mental, and spiritual levels. I start with a consultation where I intuitively scan for issues like viral or bacterial infections, immune imbalances, or underlying emotional traumas. For example, I might identify past life or childhood traumas contributing to current ailments, and I'll guide the client through releasing these traumas energetically. Let me share a recent case. A 29-year-old woman with chronic constrictive bronchitis, on the list for a lung transplant, came to me. Through our session, I uncovered that her condition stemmed from the trauma of her uncle's death when she was eight. Using energy techniques, I guided her to release the stored trauma. By addressing this root cause, she experienced complete recovery—her doctors removed her from the transplant list.

**Each session includes channeling healing energies tailored to the client's needs. I may overlay energy patterns, incorporate flower essences, suggest supplements, and clear blockages across all timelines and dimensions. Clients feel profound shifts during or shortly after our work together.**

**What are the most common things that people come to you for?**  
Nowadays, it's long COVID, but people also come to me because of strokes, chronic headaches, migraine headaches, and asthma. I'm very good with lung diseases, headaches, as well as short-term conditions like colds/flu or even COVID.

**What role does a client's belief or openness play in the healing process?**  
Openness is essential. I'm not here to convince anyone; healing works best when clients are ready to receive. Scepticism is rooted in fear and can really hinder the process. My role is to replace fear with love, which is the foundation of healing. When someone truly desires transformation, the results can be remarkable. ✨

**Book a session with Donna by emailing [miraclesbydonna@gmail.com](mailto:miraclesbydonna@gmail.com) with "session request" in the subject line or by visiting [donnamcgrath.com](https://donnamcgrath.com).**

**DONNA MCGRATH**  
[@miraclesbydonna](#)  
Former NIH Molecular Biologist, is a Master Energy Healer and Medical Medium who has worked with over 60,000 clients on a plethora of disease states, and she is the author of *From Corporate Mentality to Spiritual Reality: A True Out-of-Body Journey to Enlightenment*.



Listen, watch, or read the full interview with Donna McGrath by scanning the QR code or visiting [AwakenedMagazine.com](https://donnamcgrath.com).



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