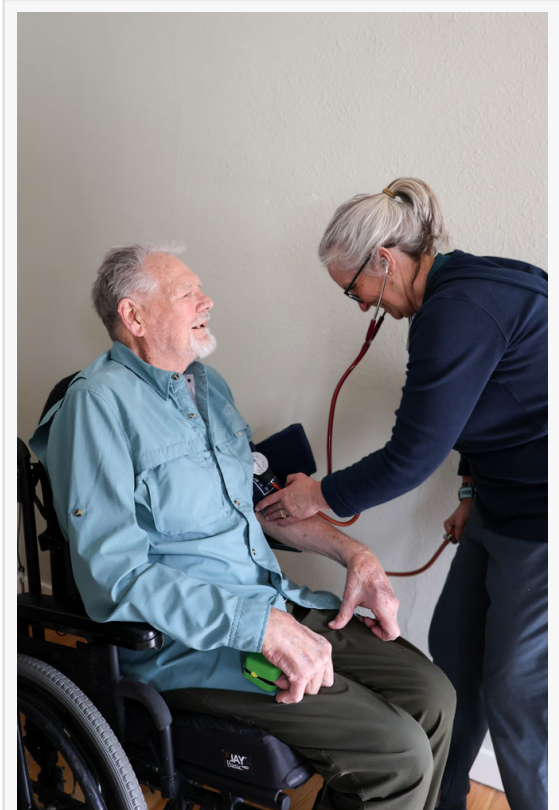


# Columbine Poudre Home Care Celebrates 25 Years of Compassionate Home Care

*Choosing home health care can feel overwhelming, but CPHC simplifies the process with expert medical care, skilled therapy, and compassionate support.*

FORT COLLINS, CO, UNITED STATES, February 15, 2025 /EINPresswire.com/ -- [Columbine Poudre Home Care \(CPHC\)](#) has been providing expert medical care, skilled therapy, and compassionate support for 25 years, helping individuals maintain independence in the comfort of their own homes. For many, home is the safest and most healing environment, allowing patients to recover while surrounded by loved ones and familiar comforts. This commitment to quality home care has had a profound impact on individuals like Tom Hoekstra, PhD, a distinguished Natural Resources Ecologist whose career has been dedicated to environmental science. His story is one of resilience and demonstrates the vital role CPHC plays in improving the quality of life for patients facing medical challenges.



Tom Hoekstra, PhD

Tom has led an extraordinary life, co-authoring books, serving as Assistant Director of the Rocky Mountain Research Station, and working internationally in sustainable forest management. Despite his professional achievements, his greatest priority has always been his family and home. Over the past nine years, Tom has faced a series of medical complications, including strokes, seizures, a broken neck, recurrent pneumonia, and multiple falls. These challenges made it increasingly difficult for him to live independently. With the help of CPHC's dedicated team, Tom has been able to remain at home, receiving personalized care tailored to his needs.

Tom's wife, Joyce, has been a constant source of support, but caregiving can be overwhelming. CPHC has eased that burden by providing skilled nursing, physical and occupational therapy, certified nursing assistant support, and speech therapy. Joyce explains that caring for a loved one can be overwhelming, but with CPHC, they were able to stay together at home. Whether it was rehabbing from a fall, managing cognitive therapy, or ensuring medications were properly

taken, CPHC's interdisciplinary team worked to find the right solutions for Tom's needs. Their patient-centered approach focuses on both medical care and supporting family caregivers.

A key factor that sets CPHC apart is its collaborative approach to care. The team works closely with patients, their families, and healthcare providers to develop care plans that address both immediate medical needs and long-term wellness goals. Volunteers of America helped modify Tom's home for safety, reinforcing the idea that home care is more than just medical services—it's a network of support. Home modifications such as installing grab bars, improving accessibility, and assessing fall risks are just a few of the ways CPHC ensures patients can live safely and comfortably.

CPHC offers a range of medical and therapeutic services to promote health, independence, and comfort. Skilled nursing services provide post-surgical care, wound management, medication education, and disease management. Physical therapists develop personalized exercise programs to restore mobility, improve balance, and manage pain. Occupational therapists help individuals maintain independence by conducting home safety assessments, training patients in daily living skills, and recommending adaptive equipment. Speech-language therapists enhance communication abilities and provide specialized therapy for swallowing difficulties. Social workers help patients and families navigate available resources, healthcare planning, and emotional support services. These services ensure that patients like Tom receive comprehensive, high-quality care while maintaining their independence.

Many families struggle with the financial aspects of home health care, but CPHC helps them



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navigate the process by verifying insurance, assisting with Medicare/Medicaid eligibility, and ensuring each patient receives the maximum benefits available.

CPHC's approach to home care is built on respect, dignity, and personalized service. The team recognizes that each patient has unique needs, preferences, and circumstances, which is why they create customized care plans tailored to individual goals. A key advantage of home care is that it allows patients to receive treatment in a setting where they feel most comfortable.

Choosing home health care can feel overwhelming, but CPHC simplifies the process. The team helps coordinate care with doctors, conduct in-home assessments, verify insurance, and offer flexible scheduling to accommodate patient and family needs. Their streamlined intake process ensures that patients receive care quickly, minimizing the stress and uncertainty often associated with medical transitions.

CPHC is home to a team of highly trained professionals who are passionate about making a difference in the lives of their patients. Skilled speech-language pathologists, occupational therapists, nurses, and physical therapists collaborate to provide the best possible care tailored to each individual's goals and abilities. Speech-language pathologist Ashly Pingsterhaus describes the personalized nature of home care, explaining that helping clients regain independence—whether it's safely swallowing, managing oxygen tubing, or effectively communicating with loved ones—is the most rewarding part of her job. Occupational therapist Cheryl Hitchens emphasizes that small modifications, such as rearranging furniture, can greatly improve a patient's ability to remain independent. Registered nurse Nicole Hildebrandt values the deep connections she builds with patients, explaining that home care nursing allows her to truly understand her patients' needs and develop personalized care plans to help them remain safe and independent.

CPHC's impact extends beyond individual patients to their families and caregivers, creating a support system that empowers everyone involved. Caregiving can be physically and emotionally demanding, and CPHC provides guidance, education, and emotional support to help families navigate the challenges of caring for a loved one. By equipping caregivers with the necessary knowledge and resources, CPHC not only enhances the patient's quality of life but also supports the well-being of their entire support system.

Tom continues to live at home with Joyce and their beloved dogs, cherishing the time he has in a place filled with memories. Thanks to CPHC, he can continue engaging with the world around him, knowing that he has a dedicated team ensuring his health and safety. His gratitude toward CPHC reflects the organization's unwavering dedication to its mission—helping individuals maintain their independence and dignity while receiving the best possible care.

For 25 years, Columbine Poudre Home Care has been a trusted provider of home health services, ensuring that patients receive the highest standard of care while preserving their independence and quality of life. If you or a loved one could benefit from expert home health

services, call the intake coordinator today to begin the home care process. Let Columbine Poudre Home Care be your partner in health, independence, and compassionate care.

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