

Lifestyle Diseases Apps Market Will Surpass US\$ 23.68 Billion at 14.9% CAGR Growth From 2025 to 2034

The growing acquisition of smartphones globally is driving the market demand.

NEW YORK CITY, NY, UNITED STATES, February 18, 2025 /EINPresswire.com/ -- The lifestyle diseases apps market is projected to reach US\$ 23.68 billion by 2034, growing at a CAGR of 14.9% from 2025 to 2034.



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Polaris Market Research

The growing acquisition of smartphones globally is driving the market demand.

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Key findings of the report:

Lifestyle diseases apps are an assortment of apps that assist in gathering data on lifestyle illnesses and the several risk probabilities that result from these conditions. This app caused an outcome for the health standing of persons as per the data gathered, which assists in observing and handling these illnesses.

For more information, visit:

https://www.polarismarketresearch.com/industry-analysis/lifestyle-diseases-apps-market/request-for-sample?utm_source=EIN&utm_medium=EIN&utm_campaign=EIN&utm_id=01

The lifestyle diseases apps also convey users' personalized exertion plans through using artificial intelligence, augmented reality, machine learning, and alternate progressive technologies. Elements such as growing consciousness for sustaining a wholesome lifestyle and speedy proliferation of the internet push the lifestyle diseases apps market demand.

For more information, visit:

Market Growth: The market growth is credited to the growing aggregate of obese people. As per the World Heart Federation, roughly 2.3 billion children and grown-ups are overweight and obese, boosting the demand for lifestyle diseases apps market.

Market Drivers: There is a growing existence of lifestyle illnesses linked with alcohol intake, smoking, drug abuse, physical idleness, atherosclerosis, and heart. Persons impacted by lifestyle diseases usually need continuing handling involving observing diet, exercise, and medication conformity.

Market Trends: The growing urbanization globally pushes the market. As per the data announced by the World Bank, 56% of the world's population, which is 4.4 billion persons, reside in cities, and this is anticipated to double by 2050.

Market Research Report: https://www.polarismarketresearch.com/industry-analysis/lifestyle-diseases-apps-market/request-for-discount-pricing?utm_source=EIN&utm_medium=EIN&utm_campaign=EIN&utm_id=01

Market Insights: Understanding key players and their initiatives provides valuable insights into the competitive landscape and emerging opportunities in the market. Here are the top companies in the market:

- MyFitnessPal, Inc.
- Nudge Coach, Inc.
- HealthifyMe Wellness Private Limited
- Headspace Inc.
- Sleep Cycle
- Lifesum AB
- Azumio
- Google Fitbit
- Magellan Health, Inc.



- Noom, Inc.

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The lifestyle diseases apps market segmentation is based on platform, device, indication, and region.

By platform analysis, the android segment held the largest market share. This is due to the extensive acquisition and obtainability of the varied gamut of gadgets covering several price points.

By device analysis, the smartphone segment is poised to register a significant CAGR. This is due to its extensive existence and multifunctional potential.

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The research report covers all the major regions and sub-regions of the lifestyle diseases apps market. The study provides market insights into North America, Europe, Asia Pacific, Latin America, and the Middle East & Africa.

□□□□□ □□□□□□□□: North America accounted for the largest market share. This is primarily because of elevated smartphone reach, growing health consciousness, and a strong healthcare framework.

□□□□ □□□□□□□□: Asia Pacific is anticipated to witness the fastest CAGR from 2025 to 2034. The region's speedy urbanization, growing disposable income, and growing existence of lifestyle illnesses fuel the regional market expansion.

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https://www.polarismarketresearch.com/industry-analysis/lifestyle-diseases-apps-market/inquire-before-buying?utm_source=EIN&utm_medium=EIN&utm_campaign=EIN&utm_id=01

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How much is the lifestyle diseases apps market worth?

The market size was valued at USD 5.92 billion in 2024 and is projected to grow to USD 23.68 billion by 2034.

What is the growth rate of the lifestyle diseases apps market?

The global market is projected to register a CAGR of 14.9% during the forecast period.

Which region held the largest market share?

North America accounted for the largest share of the global market in 2024.

Based on the platform, which segment is expected to register a significant CAGR in the market

during 2025-2034?

The iOS segment is projected for significant growth in the global market during the forecast period.

Polymers' market is projected to grow significantly during the forecast period. The market is expected to reach a value of \$1.5 billion by 2034, growing at a CAGR of 10.5%.

[Polymers Market Research Report](#) provides a comprehensive analysis of the market, including a detailed breakdown of the market by region, product type, and application. The report also includes a list of key players in the market and their market share.

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