

Renowned Naturopathic Physician Dr. Diana Joy Ostroff Launches Transformative Online Group Coaching Program

HONOLULU, HI, UNITED STATES, February 18, 2025 /EINPresswire.com/ -- Dr. Diana Joy Ostroff, founder of the [Center for Natural Healing Hawaii](#) and a leading authority in naturopathic and traditional Chinese medicine, announces the launch of a groundbreaking [Online Group Coaching](#) and [Community Building Program](#). The inaugural session will take place on February 23, 2025, from 1:30 to 3:00 PM via Zoom, offering participants worldwide access to Dr. Ostroff's extensive expertise in holistic wellness.

With over three decades of clinical experience and a distinguished background including doctorates in both Naturopathic Medicine and Traditional Chinese Medicine, Dr. Ostroff brings a unique, comprehensive approach to health and wellness coaching. Her innovative program addresses the growing demand for accessible, holistic health education and community support in today's digital age.

"This program represents a culmination of my 35 years of experience in natural healing and wellness," says Dr. Ostroff. "We're creating a supportive space where anyone can access expert guidance while building meaningful connections with others on their wellness journey."

The monthly live sessions will cover essential aspects of holistic health, including mindset transformation, gut health, hormonal balance, illness prevention, and longevity. Through these interactive group coaching sessions, participants will gain direct access to Dr. Ostroff's expertise while engaging in a supportive community environment where they can share experiences and challenges.

The program's launch comes at a time when more people are seeking integrated approaches to health and wellness. Dr. Ostroff's methodology, developed through her work at the Center for Natural Healing Hawaii since 1989, combines evidence-based natural medicine with traditional



The Wisdom of Well-Being Workshop Series Presents:

Journey to Wellness Live Online Coaching

Presentation and Live Q&A

Join Us For The Workshop!



with **Dr. Diana Joy Ostroff**
Naturopathic Doctor
Doctor of Traditional Chinese Medicine

This unique platform offers a dynamic space for personal growth, wellness support, and community connection, all from the comfort of your home.

 When: Sunday February 23, 2025 1:30 PM - 3:00 PM
Where: Online Zoom Presentation

REGISTER AT: naturalhealinghawaii.com/coach





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Dr. Diana Joy Ostroff

healing practices.

A prior participant of past programs, E. Nanikeola, praised Dr. Ostroff's approach, noting, "I was so intrigued by the way Dr. Ostroff explained how to balance the body and heal the body naturally, with a natural boost from her council, knowledge and experience."

For registration information and to secure a spot in this transformative program, interested participants should

visit: <https://www.naturalhealinghawaii.com/coach>

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