

EBT Inc. Unveils Redesigned Website to Expand Access to Emotional Health Solutions

*Making Mental Health More Accessible:
EBT's New Website Delivers Tools for
Immediate Relief*

SAN FRANCISCO, CA, UNITED STATES, March 14, 2025 /EINPresswire.com/ -- EBT Inc. (Emotional Brain Training), a leader in [neuroplasticity-based emotional health solutions](#), is excited to unveil its completely redesigned website, [ebt.org](#). The enhanced platform is designed to better inform and support individuals seeking scientifically proven services to overcome stress, anxiety, depression, emotional eating, obesity, and other health challenges.



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Dr. Laurel Mellin

“At EBT, our mission is to empower people with the tools to regain control over their emotional health,” said Dr. Laurel Mellin, Founder of EBT Inc. “This new website allows us to reach those who need help in a more impactful way, making it easier for anyone to explore and take advantage of our life-changing methods.”

A Service Designed to Support Emotional Health

Transformation

The redesigned website includes:

- Comprehensive program information: Users can explore how EBT rewires the [stress response](#), the faulty circuits encoded by trauma that are the root cause of anxiety, depression, obesity, and chronic diseases.
- User-friendly navigation: The site’s intuitive layout simplifies access to EBT tools, resources, and support programs tailored to individual needs.
- Innovative solutions for immediate relief:Visitors can learn about the EBT app, quick self-regulation techniques, and programs that deliver fast and lasting results.
- A focus on empowerment: Resources are structured to help individuals understand how they

can take control of their emotional health and switch off the stress chemical cascade when triggered in daily life using science-backed methods.

Connecting Science with Accessibility
The launch of the redesigned site underscores EBT's dedication to making its groundbreaking tools more accessible and understandable. By integrating neuroscience with actionable techniques, EBT delivers practical solutions for optimal health and emotional well-being.

"This website is more than an update—it's an extension of our commitment to those who feel stuck in patterns of stress or trauma," said Dr. Mellin. "It's a place where people can find clear answers and take their first steps toward freedom from emotional and behavioral challenges and chronic diseases."

About EBT Inc.

EBT Inc. (Emotional Brain Training) is a revolutionary emotional health program that helps individuals rewire their emotional brain that otherwise automatically reactivates trauma circuits and overreactions in response to daily stress. EBT is an innovation in emotional health care as it both rewires trauma and supports lasting well-being. Founded by Dr. Laurel Mellin, EBT combines neuroplasticity with practical tools to address stress, anxiety, depression, obesity, and other chronic diseases at their root causes.

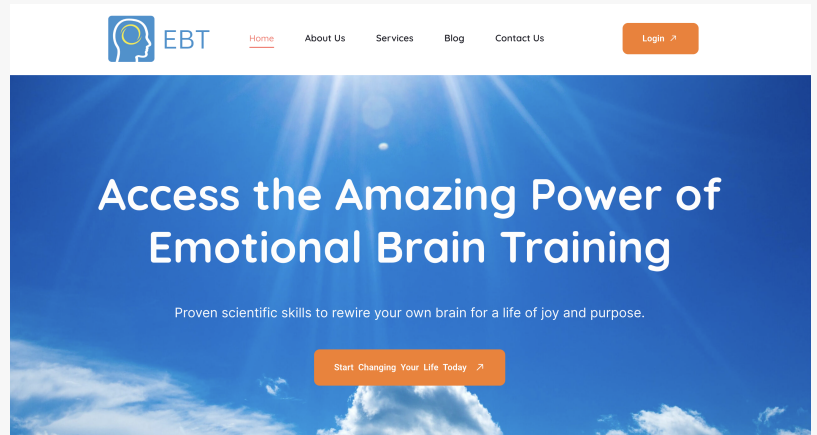
Backed by over 12 published studies and praised by leading neuroscientists, EBT is a trusted



Rewiring the Brain for Emotional Freedom and Resilience



A Smarter Way to Manage Stress: EBT Inc. Unveils Its Redesigned Digital Experience



Explore EBT Inc.'s New Website: Your Hub for Neuroscience-Based Stress Relief

resource for anyone seeking to transform their mental, emotional, and physical health.

Visit www.ebt.org to learn how you can transform your emotional health with EBT.

Contact Marketing: www.bestbma.com

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