

New Children's Book MotiBuddies Nurtures Emotional Intelligence and Social-Emotional Learning

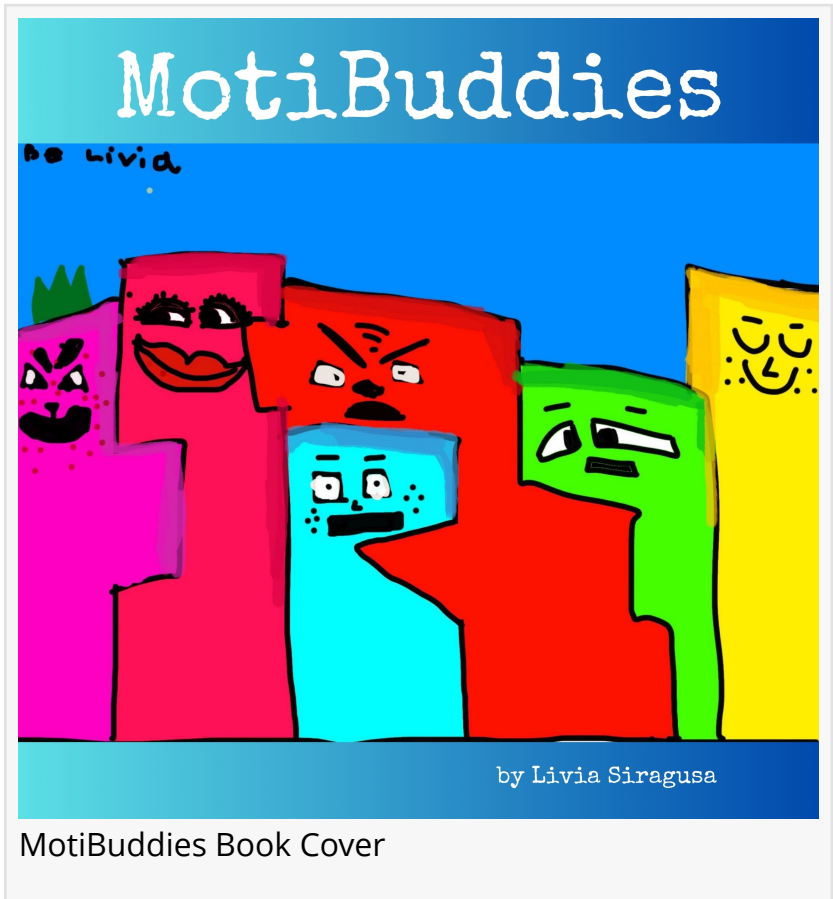
MotiBuddies makes Emotional Intelligence accessible to children through Social-Emotional Learning (SEL), storytelling, and fun, engaging activities.

MYRTLE BEACH, SC, UNITED STATES, February 20, 2025 /EINPresswire.com/ -- In a world where emotional intelligence is as vital as academic success, [MotiBuddies](#) is helping children build essential life skills through Social-Emotional Learning (SEL). Now available on [Amazon](#), MotiBuddies offers young readers a fun and engaging way to understand their emotions, develop self-awareness, and build healthy relationships.

Designed for children ages 4-10, MotiBuddies introduces a delightful cast of characters—Sunny, Droopy, Blaze, Wobbles, Heartly, and Crownie—each representing different emotions, from happiness to frustration, confidence to uncertainty. Through storytelling, interactive exercises, and guided reflection, children learn to recognize their feelings, express themselves constructively, and cultivate empathy for others.

What makes MotiBuddies even more impactful is its origin story: The book was co-created by eight-year-old Livia Siragusa, alongside her parents, Tullio and Colleen Siragusa. As a young author and illustrator, Livia brings an authentic voice to the emotions children experience daily, making the lessons relatable and meaningful.

"Our goal with MotiBuddies is to help children develop emotional intelligence early in life," says Tullio Siragusa. "By making emotions fun and approachable, we're providing parents, teachers,



MotiBuddies Book Cover

and caregivers with an effective SEL resource that encourages kids to communicate their feelings, build resilience, and strengthen social skills."

To reinforce SEL principles, MotiBuddies includes:

- Engaging stories that illustrate emotions in action
- Coloring pages and journaling prompts to encourage self-reflection
- Discussion questions to guide meaningful conversations between kids and adults
- Practical SEL strategies that help children handle big emotions in positive ways

Educators and parents are already praising the book's impact. One Amazon reviewer noted, "A must-have for any little one learning to navigate big emotions!" Another shared, "This book has helped my child express their feelings with confidence. A game-changer for emotional learning at home!"



The MotiBuddies Authors

Empower your child to navigate their emotions with confidence and empathy by adding this essential resource to your collection. Available now on Amazon! Help your child navigate emotions with confidence and empathy—get your copy of MotiBuddies today!

“

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Tullio Siragusa

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