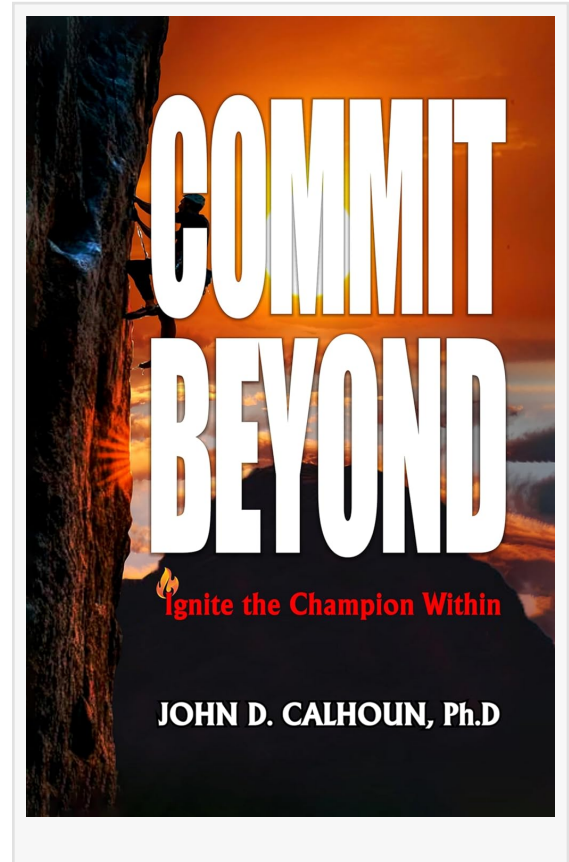


'Commit Beyond: Ignite the Champion Within' – A Transformative Guide by John D. Calhoun, Ph.D

HOUSTON, TX, UNITED STATES, February 21, 2025

/EINPresswire.com/ -- In his groundbreaking new book, *Commit Beyond Ignite the Champion Within*, Dr. John D. Calhoun takes readers on a journey of unparalleled transformation, sharing his powerful story of rising from adversity to achieve extraordinary success. This inspirational work challenges readers to break free from mediocrity and empowers them to embrace their passions, dreams, and limitless potential.

Born into a family of ten in Mississippi, Dr. Calhoun grew up in a world where scarcity was a daily reality. Despite the challenges, he dared to dream of a life beyond the boundaries of his circumstances. Fueled by an unrelenting drive and a thirst for more, he went on to build and lead two multi-million-dollar companies, earning recognition as one of 16 White House Champions of Change for Innovation. His journey from poverty to prominence is a testament to the power of commitment and resilience.



Drawing from over 30 years of studying the habits of successful people, Dr. Calhoun unpacks the universal principles of achievement in *Commit Beyond*. The book discusses topics such as:

- The transformative power of saying “yes” to your dreams and “no” to distractions.
- How to overcome self-doubt and societal expectations to create a life of abundance.
- Strategies to harness your environment, mindset, and relationships for success.
- Practical tools and exercises to develop a champion’s mentality.

The book is a powerful call to action, urging readers to shed limiting beliefs, embrace their passions, and commit fully to their goals. Each chapter builds on the foundation of Dr. Calhoun’s personal experiences, offering actionable insights for readers to apply to their own lives.

“Dr. Calhoun’s book is a movement. It inspires you to push boundaries, redefine success, and

commit to your dreams like never before.” — Alice Tisdale, Publisher Emeritus, Jackson Advocate

About the Author

Dr. John D. Calhoun, Ph.D., is an acclaimed entrepreneur, motivational speaker, and thought leader. As the founder of one of the largest African American engineering firms globally, he is celebrated for his innovative leadership and dedication to empowering others. Through his book, speaking engagements, and mentorship, Dr. Calhoun continues to inspire individuals to unlock their potential and achieve greatness.

[Commit Beyond: Ignite the Champion Within](#) is now available for purchase on major platforms, including Amazon.

<https://shorturl.at/TG2S1>

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