

# Ayurvedic & Naturopathic Medical Clinic Announces 'Spring into Wellness' Event on March 8, 2025

*Ayurvedic & Naturopathic Medical Clinic hosts the Spring into Wellness event on March 8, 2025, with expert talks and holistic health specials.*

BELLEVUE, WA, UNITED STATES, February 21, 2025 /EINPresswire.com/ -- [Ayurvedic & Naturopathic Medical Clinic](#) is pleased to announce the upcoming Spring into Wellness event, a free community gathering dedicated to holistic health, self-care, and natural healing. The event will take place on Saturday, March 8, 2025, from 10:30 AM to 12:30 PM at 2115 112th Ave NE #4, Bellevue, WA.

Designed to help attendees explore integrative wellness solutions for the changing season, Spring into Wellness will offer expert-led discussions on Ayurvedic spring detoxification, immune resilience, and holistic oncology support. Guests will have the opportunity to engage with experienced practitioners, observe live demonstrations, and gain insights into natural health approaches tailored to their individual needs.

## Event Highlights:

- Educational Sessions – Learn about Ayurvedic principles for seasonal detox, immune health, and holistic support for overall well-being.



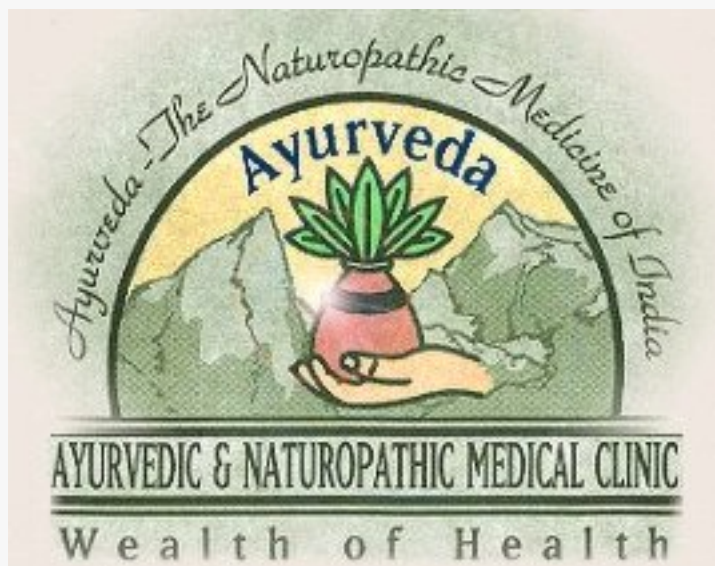
*Spring into Wellness*

Step into spring with a transformative wellness experience! Join us for an morning of holistic health, featuring Ayurvedic therapies, spring detox insights, and integrative wellness solutions.



**March 8th 2025**

2115 112th Ave NE #4  
Bellevue, WA 98004  
10:30 AM to 12:30 PM





At Ayurvedic & Naturopathic Medical Clinic, our mission is to empower individuals with the tools and knowledge to achieve optimal health through natural, evidence-based practices”

*Dr. Virender Sodhi*

- Complimentary Mini-Consultations – New clients will have access to a free 15-minute consultation with a practitioner.
- Exclusive Giveaways – Attendees will be entered into a drawing to win prizes, including:
  - A free Ayurvedic (European) Signature Facial
  - A 21-day seasonal cleanse, valued at \$1,525, with an exclusive 10% discount available for one selected participant.
  - A seasonal herb bundle
- Individuals can purchase a gift certificate for loved ones

and receive 30% off the next ABHA spa facial and body treatment.

Special Event Pricing for Attendees:

- 15 percent off IV therapy
- 20 percent off Ayurvedic MedSpa treatments

The event will also feature product sampling, wellness gift options for purchase, and complimentary appetizers.

“At Ayurvedic & Naturopathic Medical Clinic, our mission is to empower individuals with the tools and knowledge to achieve optimal health through natural, evidence-based practices,” said Dr. Virender Sodhi. “This event offers an opportunity for the community to experience the benefits of Ayurvedic and naturopathic medicine firsthand while learning how to transition into the new season with balance and vitality.”

The Spring into Wellness event is free to attend, but space is limited. Attendees are encouraged to RSVP in advance to secure their spot.

RSVP and Additional Information

For more details or to reserve a spot, individuals can visit <https://ayurvedicsciencepatients.com/info--rsvp-page-page>

About Ayurvedic & Naturopathic Medical Clinic

At the Ayurvedic & Naturopathic Medical Clinic, we embrace a philosophy of holistic wellness that encourages an individual’s inherent power to self-heal. Blending the art of ancient health practices with modern science, our treatments are designed to rebalance the body, revitalize the mind and center the spirit.

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