

# White Orchid Counseling Expands Access to Mental Health Services with Sliding Scale Fees and New Intern Program

*Affordable mental health care is now within reach—White Orchid Counseling introduces sliding scale fees and services from supervised intern therapists.*

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Mental health care should be accessible to everyone. Our new sliding scale and intern services ensure more people get the support they need, regardless of financial barriers or circumstances."

*Johanna Kasperski*

Counseling is proud to announce two new initiatives aimed at making quality mental health care more accessible to the community. Beginning this month, the practice will offer a sliding scale fee structure and introduce services provided by highly trained intern therapists under professional supervision.

These changes reflect White Orchid Counseling's ongoing commitment to providing compassionate and [affordable mental health](#) support for everyone, regardless of financial circumstances.

Mental health care should never be a luxury. By offering a sliding scale and welcoming interns into our team, we're ensuring that more individuals and families can receive the support they need without financial barriers getting in the way.

## How This Benefits the Community:

**Sliding Scale Services:** Clients now have the opportunity to pay for services based on their income and financial situation, ensuring that therapy remains affordable for all income levels.

**Intern Therapists:** Supervised by experienced licensed professionals, our interns bring fresh perspectives and the latest in therapeutic techniques while offering a more budget-friendly option for clients.

This initiative allows White Orchid Counseling to serve a broader range of clients while providing valuable hands-on training for future mental health professionals.

## About White Orchid Counseling:

We are a compassionate group of therapists providing a wide range of counseling services. White

Orchid Counseling is built on the belief that healing is a deeply personal journey. Our goal is to provide: Compassionate Support: Fostering a safe, non-judgmental space. Innovative Therapies: Including EMDR, play therapy, and other evidence-based techniques. Holistic Care: Addressing the mind, body, and spirit as interconnected elements of well-being. We strive to empower clients with the tools and resources they need to thrive and embrace their new beginnings.

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