

# Atticus Publishing proudly presents Niko Carrafield's book 'Pet Massage Secrets'

*A Comprehensive Guide to Enhancing Pet Health through Massage*

CA, UNITED STATES, February 24, 2025 /EINPresswire.com/ -- Niko Carrafield, an experienced practitioner in alternative healing therapies, announces his latest book, "Pet Massage Secrets." This informative guidebook aims to empower pet owners with the knowledge and techniques to improve the health and wellbeing of their furry companions through massage.

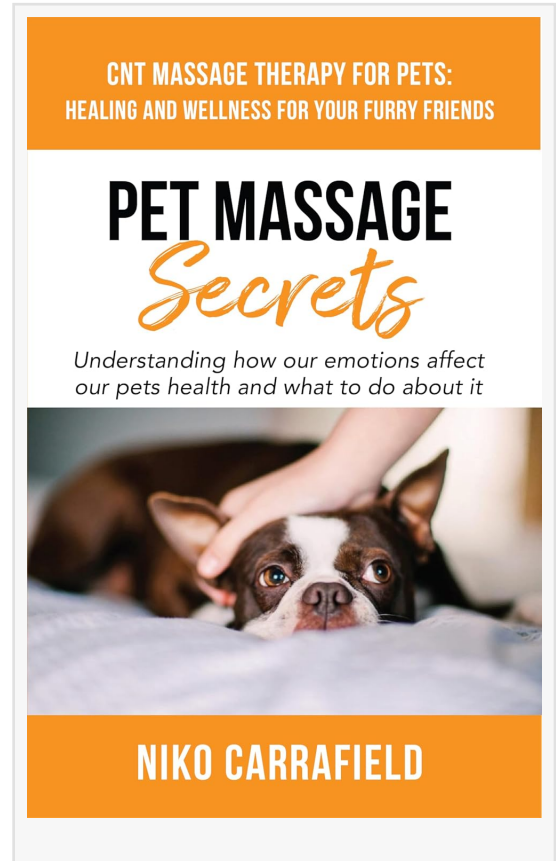
"Pet Massage Secrets" offers a detailed exploration of pet anatomy and energetic meridian lines, providing pet owners with a practical approach to understanding and applying massage techniques. The book is designed to teach readers how to alleviate tension and support the healing processes of their pets, making it an essential tool for anyone looking to enhance their pet's health naturally.

After experiencing personal losses, Niko Carrafield turned to Qigong, Yoga, and Chi Nei Tsang (CNT) Massage to find healing. His journey led him to discover the powerful effects of Reiki, acupuncture, and other touch-based healing techniques on both humans and animals. With a passion for sharing his knowledge, Niko has dedicated his career to teaching others about the benefits of massage for improving the nervous system and overall health.

Niko is also the author of "Self Massage Secrets" and "Stress Relief Secrets," which further explore the therapeutic benefits of massage and stress relief techniques.

Websites:

- [New Life CNT](#)
- [Pet Massage Secrets](#)



Niko's inspiration for writing "Pet Massage Secrets" stems from his extensive studies in Qigong, Tai Chi, Yoga, and Reiki, combined with a desire to emulate the longevity and vitality of Taoist masters. His exploration of Traditional Chinese Medicine and the nervous system's role in health has fueled his commitment to educating others about the benefits of proactive wellness care.

"Pet Massage Secrets" is more than just a guide; it's an invitation to deepen your connection with your pets. Niko hopes to inspire readers to apply the principles of massage not only to their pets but also to themselves and their loved ones, promoting a life filled with health, happiness, and longevity.

It promises to be a valuable resource for pet owners seeking to nurture their pets through the healing power of touch.

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