

Quantum Leap Experience Launches Transformative Program for Women, Empowering Personal and Professional Growth

This self-mastery development program blends science and nature to help women overcome fear, burnout, and doubt, unlocking growth and transformational change.

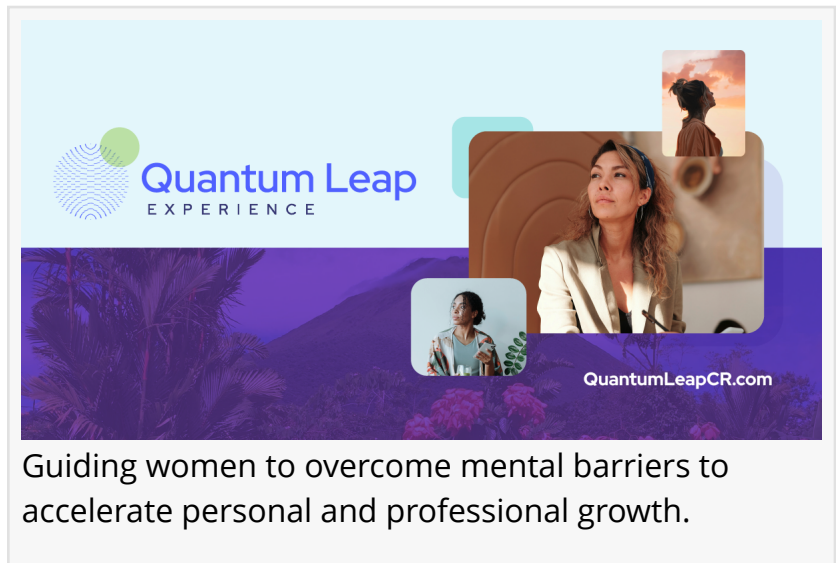
ATLANTA, GA, UNITED STATES, February 26, 2025 /EINPresswire.com/ --

Quantum Leap Experience is proud to announce the launch of the second installment of its innovative self-mastery program, designed to empower women to overcome mental barriers and achieve significant

personal and professional development. This unique three-part program offers women a comprehensive approach to creating lasting life transformations. It combines science-based learning tools presented in a six-week virtual course with an immersive, nature-powered five-day retreat near La Fortuna, Costa Rica, followed by three months of support and one year of access to a proprietary app starting at the beginning of the mental fitness program.

"The Quantum Leap Experience focuses on guiding women through a journey of self-discovery while equipping them with the tools to take meaningful action," said [Maria Joyner, Founder of Quantum Leap Experience](#). "By combining training to overcome mental barriers such as fear, burnout, or lack of confidence with the transformative power of nature, we offer a unique path to lasting personal and professional fulfillment."

The Quantum Leap Experience was created for women seeking personal and professional growth. These transformations may be internal, such as setting firm boundaries, becoming more assertive, or managing conflict more effectively. They can also involve significant changes in their work life, such as switching careers or industries, stepping into leadership roles, or taking a break from corporate life to start their own business.



“Building your mental fitness will influence every aspect of your life, helping you recognize your obstacles, manage your emotional responses, and gain clarity on your goals. Simultaneously, we practice rest and rejuvenation, using nature as our inspiration to cultivate mindfulness and reflection.” Joyner added.

Quantum Leap Experience welcomes women seeking a structured and supportive community where they can assist one another in achieving success and accelerating their growth. “The only prerequisite for our program is that you are motivated for growth and positive transformation,” said Joyner.

The Spring 2025 Quantum Leap Experience begins with a mental fitness course on April 11, 2025, and includes six one-hour weekly virtual sessions. On May 25, enrolled participants will arrive in Costa Rica for the five-day retreat portion of the program. The all-inclusive fee covers everything except airfare, travel insurance, and incidentals. For more information and to register for the program, please [visit this link](#).

“This is our second edition of the Quantum Leap Experience. In late 2023, we hosted a small group of women at our inaugural renewal retreat in Costa Rica, and the impact was profound. This year, we have introduced a mental fitness course to provide a comprehensive skill-based foundation as a prerequisite to the retreat. The mental fitness course is based on the proven Positive Intelligence™ operating system and offers highly effective tools for helping women overcome self-imposed roadblocks. We have also added Teresa to lead the course,” says Joyner. Teresa Caro is an ICF PCC-credentialed executive coach and author of “The Purpose Playbook.” “We cannot wait to kick off with our new cohort this Spring and offer a life-changing course and retreat that will empower women on their journeys of self-discovery and transformation,” Joyner concluded.

About Quantum Leap Experience:

Quantum Leap Experience was founded in 2023 and is dedicated to empowering professional women to achieve self-mastery and accelerate their personal and professional growth. Through a unique blend of science-based tools, nature-inspired retreats, and a supportive community, the program offers women a transformative journey toward lasting fulfillment.

Visit our website, QuantumLeapCR.com, for more information or to enroll in the Spring 2025 program. Enrollment closes April 1, 2025.

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