

# Empower & Elevate Retreat: A Transformational Experience for Women Seeking Growth

*Bestselling Author & Coach Darneisha B Hosts a One-Day Retreat in Palm Springs for Women Ready to Step Into Their Power*

LOS ANGELES, CA, UNITED STATES, February 25, 2025 /EINPresswire.com/ -- Bestselling author, speaker, and transformational coach Darneisha B is set to host the Empower & Elevate Retreat on March 7, 2025, from 8:00 AM to 5:30 PM in Palm Springs, California.

This immersive one-day experience is designed for women seeking clarity, confidence, and financial freedom. The retreat offers a unique opportunity for women to step away from daily stress, focus on their personal growth, and

gain the tools needed to break through personal and financial barriers. DARNEISHA B created Empower & Elevate to help women who feel stuck, overwhelmed, or uncertain about their next steps. As a coach, she has worked with countless women striving to balance personal fulfillment, career aspirations, and financial stability. This retreat will feature dynamic speakers, engaging workshops, and interactive sessions centered around faith, family, fitness, fun, and finances.

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This retreat isn't just about inspiration; it's about real transformation.”

*Darneisha B*

Attendees will walk away with actionable strategies to elevate their lives while building a strong network of like-minded women.

Unlike traditional conferences that focus solely on personal growth or professional development,



The poster features a pink and white color scheme. At the top, it reads "EMPOWER & ELEVATE" in a bold, sans-serif font, followed by "WOMEN'S" in a very large, bold, pink font, and "Retreat" in a black, cursive script font. To the right, it says "MARCH 7 8AM". Below the title, there are three small square images of speakers: Relle Dixon, Dr. Crystal Baylark Ph.D., and Stephanie Robinson. To the right of these is a larger image of Darneisha B, the host, standing in a black dress against a pink curtain. At the bottom, it says "Palm Springs Ca", "RSVP TODAY!", and the website "www.darneishabcoachingservice.com". A pink banner at the bottom right says "Hosted By Darneisha B".

Empower & Elevate seamlessly integrates both, ensuring that women leave feeling fulfilled in every aspect of their lives. Designed as a catalyst for lasting transformation, the retreat blends deep self-reflection, financial and business strategies, wellness practices, and immersive experiences that inspire real change.

From motivational keynotes to hands-on workshops, attendees will gain practical insights they can immediately apply to their personal and professional journeys. Set against the serene backdrop of Palm Springs, this retreat provides a rejuvenating environment where women can refocus, connect, and elevate their mindset. The desert oasis setting enhances the experience, creating an atmosphere for both relaxation and breakthrough moments.

The event also offers vendor and sponsorship opportunities for businesses looking to engage with ambitious, driven women. Companies aligned with the mission of women's empowerment and financial freedom are encouraged to partner with the retreat to showcase exclusive products and services that support attendees' personal growth.

Darneisha B believes this retreat is more than just an event—it's a movement.

It's about giving women permission to prioritize themselves, take bold action, and create a life they truly love. She wants every woman to leave feeling empowered, capable, and supported in her journey toward personal and financial success. The world needs more women who are financially free, emotionally whole, and confident in their purpose," she says.

For ticket details, sponsorship inquiries, or vendor opportunities, visit our website.

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