

Dermatologist-Approved Beauty Buys for Winter Skin Care

MIAMI, FL, UNITED STATES, February 28, 2025 /EINPresswire.com/ -- As the cold, dry weather takes a toll on skin and scalp, a winter glow up might seem out of reach—but with the right, accessible products, it's possible to look and feel great all season long. A head-to-toe skincare routine designed to support healthy skin can make all the difference and may not even require a trip to the dermatologist.

Board-certified dermatologist Dr. Alexis Stephens shares must-have beauty buys for winter skin, and top picks to help one build a routine that ensures a head-to-toe glow, even in the harshest conditions. The Doctor covers products like clinically hydrating hair care, daily face moisturizers with SPF and weightless sweat protection. All the recommendations are available at retailers nationwide.

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