

Optimal Breathing Introduces New Affordable EWOT System

FORT MILL, SC, UNITED STATES, March 3, 2025 /EINPresswire.com/ -- Optimal Breathing, founded by Michael Grant White, announces the release of a new, more accessible Exercise With Oxygen Therapy ([EWOT](#)) system. The company, known for its focus on breathing development, aims to expand access to EWOT through this cost-effective option.

The new [EWOT system](#) includes a 5LPM oxygen concentrator, a 900-liter oxygen reservoir bag, and a patented mask. These components are designed to provide a functional EWOT experience for individuals seeking to explore the potential [benefits of EWOT oxygen therapy](#).



Economy EWOT System

Focus on Accessibility

Michael Grant White, founder of Optimal Breathing, states, "The aim with this new system is to provide a more accessible option for those interested in EWOT. By offering a system at a lower price point, we hope to reach a broader audience."

EWOT involves breathing higher concentrations of oxygen during exercise. Potential benefits associated with this practice include support for physical performance, stress management, and general wellness.

Product Specifications and Company Background

The new EWOT system is designed for home use and includes the following:

5LPM Oxygen Concentrator
900-Liter Oxygen Reservoir Bag
Patented Dual Inlet Oxygen Mask
Accessories

Optimal Breathing has focused on breathing development for several years, providing tools and training related to breathing techniques. The company's offerings include educational resources and other EWOT systems.

Information and Resources

Additional information about the new EWOT system and Optimal Breathing's offerings can be found at OptimalBreathing.com.

About Optimal Breathing:

Optimal Breathing, established by Michael Grant White, provides resources and products related to breathing development. The company offers educational materials and EWOT systems for individuals interested in exploring breathing techniques and oxygen therapy.

Sudev Rajah
Optimal Breathing
+1 704-597-6775
hello@optimalbreathing.com
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EWOT System Mask



24/7 Stable
O2 Supply



Medical
Grade



Ultra Quiet
Performance



O2 Purity up
to 96%



Multiple
Safety Alarms

5 LPM Oxygen Concentrator

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