

# CSL First City Marks One Year of Impactful Healing and Community Building

*Local nonprofit, Center for Spiritual Living First City offers residents of St. Augustine a safe haven for recovery and renewal.*

ST. AUGUSTINE, FL, UNITED STATES, February 28, 2025 /EINPresswire.com/ -- [CSL First City](#) is celebrating its one-year anniversary of supporting the St. Augustine community in personal healing and growth. As an affiliate of Centers for Spiritual Living, the center has become a space for individuals to deepen their understanding of themselves and chart a path for enhanced well-being.



“We are honored to be part of the lives of so many in our community, helping individuals navigate grief, trauma, and personal growth,” says Rev. Sherri Cunningham, Spiritual Leader of CSL First City. “Our center is a sanctuary where people can explore who they truly are and embrace their fullest potential.”

Featuring classes, workshops, support groups, and one-on-one spiritual counseling, CSL First City provides a [nurturing environment](#) for profound transformation. Programs such as the accredited Science of Mind curriculum, CSL Grief Life Circles©, and trauma recovery through Adult Children of Alcoholics® help individuals release old patterns and cultivate new ways of being.

Ernest Holmes, the visionary behind the Science of Mind philosophy, taught that each person is a unique expression of the Divine, with the power to transform their life through spiritual principles. At CSL First City, we combine Holmes’s teachings with diverse practices for self-empowerment. The center is committed to carrying forward his legacy, helping individuals lead lives filled with love, peace, and purpose.

Community is central to CSL First City. The center fosters connections that support the emotional, mental, and spiritual well-being of its members and offers a path to higher consciousness.

As a nonprofit, the organization relies on [donations](#) to sustain its operations and continue offering its transformative services to the community. For more details, visit [CSLFirstCity.org](http://CSLFirstCity.org).

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